

IQRA.

YENEPOYA
(DEEMED TO BE
UNIVERSITY)
MAGAZINE

June/July
2025

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FACE *in* SPACE

+ NATIONAL IAOMR CONFERENCE | 14TH CONVOCATION
CEREMONY | ACT-YEN: SIMULATION CENTER
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Read.*

Read in the name of thy Sustainer,
Who has created man out of a germ-cell!
Read - for thy Sustainer is the Most Bountiful One
Who has taught [man] the use of the pen
Taught man what he did not know!

- HOLY QURAN 96: 1-5

'Iqra' is the first revealed word of Holy Quran (96:1-5); which means proclaim or read.



YENEPLOYA
(DEEMED TO BE UNIVERSITY)

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Unity in Diversity: Advancing Health Through Collaboration

Yenepoya (Deemed to be University) stands as a vibrant collective of disciplines, where science, compassion, and innovation converge to serve humanity. This issue of IQRA highlights a compelling theme—facial harmony and the collaborative efforts across specialties that make such care possible. The dental and medical specialties come together to achieve outcomes that are both functionally sound and life-transforming.

Our institutions are equipped with the latest technologies—from 3D imaging and printing to AI-powered diagnostics—and, more importantly, guided by a spirit of shared purpose. As this edition reveals, the pursuit of facial rehabilitation and enhancement is a testament to what interdisciplinary healthcare can achieve when driven by vision and empathy.



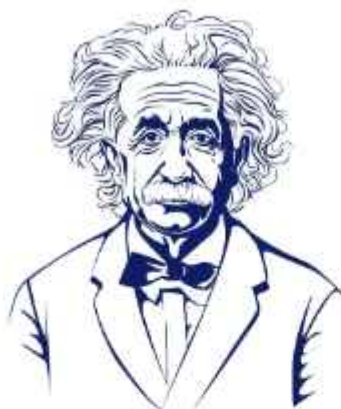
Our institutions are equipped with the latest technologies—from 3D imaging and printing to AI-powered diagnostics—and, more importantly, guided by a spirit of shared purpose.

– DR. Y. ABDULLA KUNHI,
HONORABLE CHANCELLOR
YENEPOYA (DEEMED TO BE UNIVERSITY)

This issue also captures the broader academic vibrancy across our university—through reports on events, institutional activities, awards, and achievements. I congratulate all faculty, students, and staff for their commitment to excellence in every sphere.

A handwritten signature in blue ink, appearing to read 'Dr. Y. Abdulla Kunhi'.

► QUOTES



"Only a life lived for others is a life worthwhile."

ALBERT EINSTEIN



"Do as much as possible for the patient, and as little as possible to the patient."

SIGMUND FREUD



"From caring comes courage."

LAO TZU

IQRA.

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► WELCOME



DR M VIJAYAKUMAR
VICE CHANCELLOR

COLLABORATIVE EXCELLENCE IN HEALTH SCIENCES

The human face is a delicate interplay of form, function, and identity. In this issue of IQRA, we spotlight the evolving landscape of facial care—where orthodontic precision, surgical expertise, and cutting-edge technology come together in seamless coordination. Such advances are possible only through a strong interdisciplinary framework, one that Yenepoya has carefully nurtured across its constituent institutions.

Today, our teams collaborate using tools like virtual surgical simulation, 3D printing, and AI-assisted planning—not just to treat, but to transform lives. More importantly, we are creating a healthcare model that integrates scientific advancement with compassion, academic rigor with clinical relevance.

Alongside this central theme, the magazine captures the pulse of the university through a rich compilation of activities, conferences, and institutional accolades. It reflects a dynamic academic ecosystem committed to continuous growth and service.

I commend the editorial board and contributors of IQRA for curating such a comprehensive and inspiring issue.



DR AKHTER HUSAIN
CHIEF EDITOR

FACES OF SCIENCE, STORIES OF PROGRESS

In this edition of IQRA, we explore a subject that lies at the intersection of identity, science, and care—the human face. As the cover story illustrates, addressing facial harmony is not merely a pursuit of beauty, but a complex, interdisciplinary endeavor involving orthodontists, maxillofacial surgeons, prosthodontists, radiologists, biomedical engineers, and regenerative medicine experts. Today's practitioners rely not only on anatomical expertise but also on advanced technologies—such as 3D printing, virtual planning, and AI-powered diagnostics—to deliver outcomes that are both functionally effective and aesthetically refined.

This issue is also a reflection of Yenepoya's evolving academic and clinical ecosystem. Alongside the central theme, we have curated reports from across our constituent institutions—documenting student achievements, faculty accolades, outreach initiatives, research milestones, and campus-wide events. These pages capture the vibrancy and diversity of a university that is steadily expanding its horizons, while staying rooted in its core values of academic excellence, compassion, and innovation.

As always, I express my gratitude to our contributors, reviewers, designers, and editorial advisors who have helped shape this issue. May IQRA continue to be a platform that informs, inspires, and connects us all.



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National IAOMR Conference

35TH NATIONAL CONFERENCE OF INDIAN ACADEMY OF ORAL MEDICINE & RADIOLOGY (IAOMR) HELD AT YENEPLOYA UNIVERSITY CAMPUS AND INDIANA CONVENTION CENTRE, MANGALORE.



Photo: Staff Photographer

The 35th National Conference of the Indian Academy of Oral Medicine and Radiology (IAOMR) at Yenepoya University Campus and Indiana Convention Centre, Mangalore. The conference of the IAOMR brought together 740 delegates from across India, including faculty members, postgraduate students and Oral Medicine specialists. The conference served as a platform for knowledge shar-

ing, networking, and showcasing advancements in Oral Medicine and Radiology. It featured keynote addresses, scientific presentations, pre-conference courses, panel discussions, competitions and cultural events.

Conference Outcomes are:
Knowledge Dissemination: Over 550 scientific presentations and engaging discussions on cutting-edge topics in Oral Medicine.

Multidisciplinary Collaboration:

Drafting of the Indian National Consensus Paper on Oral Lichen Planus, setting national guidelines for diagnosis and management.

Industry Engagement: Participation by leading dental technology companies and exhibitors in the Medi Expo.

Networking Opportunities: Delegates connected with peers, industry leaders, and academic institutions to foster future collaborations.

► DENTAL COLLEGE



Photo: Staff Photographer

CDE PROGRAM

COME TOGETHER 2.0, THEMED 'BRIDGING THE GAP BETWEEN ORTHODONTISTS, ORAL SURGEONS AND PSYCHIATRISTS'. OVER 121 DELEGATES ATTENDED IN PHYSICAL FORMAT AND IN HYBRID MODE 20 PARTICIPANTS ATTENDED THE PROGRAM

Mangalore Orthodontic Study Group (MOSG) invited attendees to Come Together 2.0, themed 'Bridging the Gap between Orthodontists, Oral Surgeons, and Psychiatrists'. YDC, MOSG and (AOMSI) Karnataka State Chapter organized the event.

Speakers included Dr. Akhil Shetty, Additional Professor in the Department of Orthodontics at AB Shetty

Memorial Institute of Dental Sciences, who discussed 'Virtual Surgical Planning for Orthognathic Surgery'. Dr. Anil Kakunje, Professor in the Department of Psychiatry at Yenepoya Medical College, Mangaluru, spoke on 'Seeing the Unseen: Dental Surgery & Mental Health'. Dr. Abhay Taranath Kamath, Consultant in Oral & Maxillofacial Surgery at KMC Hospital, Mangaluru, presented on 'Intricacies of Temporomandibular

Joint Replacement'. This special initiative for Orthodontic Awareness Week opened up new avenues for collaboration with other specialties in the dental and medical fraternity. Over 121 delegates attended in physical format and in hybrid mode 20 participants attended the program and supported this unique initiative by YDC, MOSG, and AOMSI Karnataka State Chapter.

The Power of MBT: Precision Driven Advancements in Orthodontics

THE DEPARTMENT OF ORTHODONTICS AT YENEPOYA DENTAL COLLEGE, IN COLLABORATION WITH THE INDIAN ORTHODONTIC SOCIETY AND THE MANGALORE ORTHODONTIC STUDY GROUP, HOSTED THE PROGRAM.

The Department of Orthodontics at Yenepoya Dental College, in collaboration with the Indian Orthodontic Society and the Mangalore Orthodontic Study Group, hosted a highly informative and engaging program titled: 'The Power of MBT: Precision Driven Advancements in Orthodontics'. The event, held at Yenepoya Dental College in Mangalore, aimed to provide an in-depth understanding of the MBT (McLaughlin Bennett-Trevisi) system and its transformative role in modern orthodontics.

Dr. Akther Hussain highlighted the importance of precision-driven orthodontic systems like the MBT system in enhancing treatment outcomes and improving patient satisfaction. He emphasized how systems like MBT have revolutionized modern orthodontics by offering more predictable results and greater control over treatment. Dr. Akshai Shetty talk focused on the Power of MBT in the Modern Era. He elaborated on how the MBT system has transformed orthodontic treatment by providing precise control, improving treatment outcomes, and enhancing patient comfort. He emphasized the system & versatility, making it applicable for a wide range of cases, from mild to complex orthodontic issues.

To engage the participants more actively, Dr. Shetty conducted two case discussions, encouraging the



attendees to participate in treatment planning and decision-making. This interactive session allowed the participants to experience firsthand how to utilize the versatility of the MBT system in different clinical scenarios, reinforcing the practical application of the system.

The highlight of the day was the hands-on demonstration on bonding 3M Smart Clip brackets on typodont models. This practical session gave participants the opportunity to apply the concepts they had learned and gain hands-on experience in the precise placement of these advanced brackets, which are designed to improve treatment efficiency and patient comfort. The event was a resounding success, with over 130 participants from various parts of the region. The session not only provided valuable insights into the MBT system but also offered practical experience that will significantly benefit participants in



their clinical practice. The program fostered professional development, collaboration, and knowledge exchange among orthodontic professionals. In conclusion, the event successfully highlighted the power of the MBT system in orthodontics, offering both theoretical insights and practical experience that will enhance the participants' skills and knowledge. The day was a valuable learning experience for all attendees and reinforced the importance of continuous professional development in the field of orthodontics.

► DENTAL COLLEGE

Module-wise Certificate Course Conducted at YDC

MODULE-WISE CERTIFICATE COURSE CONDUCTED AT YDC ON TOPIC, 'ORTHODONTIC CLEAR ALIGNERS' DESIGNED TO ACHIEVE CLINICAL SUCCESS.

Dr. Vivek Amin Professor, Department of Orthodontics and Dentofacial Orthopaedics introduced the speaker Dr. Gurukeerat Singh and an introduction to Module 2 for the programme was given by Dr. Sonam Sethi. The lectures was followed by a hands on workshop on Interproximal Reduction, Attachment placement was conducted at Department of Orthodontics and Dentofacial Orthopaedics.

The lectures on Day 1 was conducted in morning session at YDC Auditorium, and Hands on work-



shop on Intraoral scanner was conducted in afternoon session at Department of Orthodontics and Dentofacial Orthopaedics, On Day 2, the Course faculty for the program was Dr. Gurukeerat Singh, MDS, M ORTH, DIBO, Professor and HOD,



Department of Orthodontics and Dentofacial Orthopaedics, SRCDSR, Faridabad. The course was successfully completed and there were 18 participants including private practitioners (Orthodontists), faculties and students.

Photo: Staff Photographer

► AWARDS & RECOGNITIONS

DR. SREEGOWRI AND DR. ALEEMUDDIN

attended the 14th World Dental Sciences and Oral Health Conference organised by Cyno Dent & Indian Society of Dentistry in Collaboration with School of Dental Sciences, Krishna Vishwa Vidyapeeth, Karad, Maharashtra. They bagged the 2nd prize for paper presentation title, Endocrowns and poster presentation on the topic 'Tooth pillars in Dentistry'. Dr. Pradeep and Dr. Nikhil received the 3rd prize for paper presentation and poster presentation on the topics 'Hot Tooth' and 'Small Molecules' respectively.

DR. NISHI JAYASHEELAN

received the Best Paper award in the 50th Karnataka State Dental Conference at Bangaluru for the paper titled, 'Minimally Invasive Solutions for Enamel Defects : A Case Report'.

DR. PRERAK LAL AND DR. HASAN FAZIL,

Post Graduates, received Runner-up for E poster presentation titled 'Polychromatic restoration using

custom silicone matrix' at the 39th IACDE National Conference at Jio Convention Centre, Mumbai.

DR. APOORVA

Consolation prize at the Vidyen Conference 2.0 for the paper titled 'Gomification in Dentistry: Enhancing Patient Comfort and Training Future Practitioners'.

DR. RACHANA PRABHU

Additional Professor awarded Best Researcher Award for Outstanding Research Contribution for the year 2024 on National Science day.

DR. UMME AMARAH

Awarded I place in paper presentation category held at VIDYEN CONFERENCE 2.0.

DR. ANU BABU

Awarded II place in paper presentation category held at VIDYEN CONFERENCE 2.0

► DENTAL COLLEGE

Hands – On Course On Contemporary Orthodontics

HANDS – ON COURSE ON 'GROWTH MODULATION & EMPHASIS ON CRANIOFACIAL ORTHOPEDICS IN CONTEMPORARY ORTHODONTICS'.

As a tribute to Dr. Krishna Nayak the Department of Orthodontics at Yenepoya Dental College, in collaboration with the Indian Orthodontic Society and the Mangalore Orthodontic Study Group, hosted a highly informative and engaging program titled: "Growth Modulation & Emphasis on Craniofacial Orthopedics in Contemporary Orthodontics."

The event, held at Yenepoya Dental College in Mangalore, aimed to provide an in-depth understanding of Growth Modulation & Emphasis on Craniofacial Orthopedics in Contemporary Orthodontics. Dr. Hussain addressed the gathering and gave

an insight into Dr. Krishna Nayak's legacy. The Department of Orthodontics mourn the loss of Dr. Krishna Nayak with a 2 minutes of silence Dr. Kiran Kumar, Professor and HOD, Bapuji Dental College, Department of Orthodontics Dentofacial Orthopedics who was the resource person for the day. Dr. Kiran Kumar talk focused on the Growth Modulation & the importance of head gear in Contemporary Orthodontics.

The highlight of the day was the hands-on demonstration on head gear wire bending. This practical session gave participants the opportunity to apply the concepts they had learned and gain hands-on experience.

► AWARD & PAPER PRESENTATION



DR. PRAMADA PRABHAKAR

1st place in the Scientific Paper presentation on – Assessment

of the Dental Caries, Streptococcus Mutans count and fluoride content before and after silver diamine fluoride application among Anganwadi children of Mangaluru at the 1st International Conference of IAPHD held at Bangkok, Thailand. She also received the Teacher of the Year award 2024 at Yenepoya Centre for Faculty Development, YEN-FDC.



DR. SUPRIYA

received consolation prize at the Vidyen Conference 2.0

for the paper presentation on 'Jigsaw classroom, A pathway to collaborative learning'.

► RECOGNITIONS

DR. IMRAN PASHA

1. Resource Person in the workshop/CDE titled 'Curriculum Innovation for the Gen-Z' Organised by Curriculum Committee & OMFP at Maratha Mandal's Nathajirao G. Halgekar Institute of Dental Sciences & Research Centre, Belagavi.
2. Resource Person in the Faculty Development Program on 'Blue Printing, Lesson Planning, and Microteaching' jointly conducted by IQAC, HRD and Yenepoya Centre for Faculty Development.
3. Resource Person on Faculty training and workshop 'Curriculum Execution for GEN Z' held at K.V.G Dental College & Hospital, Sullia..
4. Resource Person and conducting Pre Conference Course Workshop titled 'DOPS in Dentistry' organized by Yenepoya Dental Education unit, Yenepoya Dental

College from at VIDYEN 2.0.

5. Resource Person in the 'Transitional Curriculum Program for Ist Prof BAMS Students at Yenepoya Ayurveda Medical College & Hospital, Mangaluru.

DR. REKHA P. SHENOY

1. Guest Speaker in CDE Programme on the Oral Hygiene Day celebrations held at ABSMIDS, Mangaluru.
2. Guest Lecture on the Oral Hygiene Day held at A B Shetty Memorial Institute of Dental Sciences, Mangaluru.
3. Resource Person on Arogyavahini Episode-8, 'Oral Health for a Healthy Life' held at St. Aloysius, Mangaluru.
4. Resource Person for the workshop on 'Fundamentals of Synopsis Writing' at ABSMIDS, Mangalore

28TH YDC GRADUATION DAY

A TOTAL OF 123 GRADUATES (98 BDS AND 25 MDS) PARTICIPATED WITH THEIR FAMILIES, AND OVER 1150 ATTENDEES WERE PRESENT.

The 28th Graduation Day Ceremony of Yenepoya Dental College was held at the Yendurance Zone, Yenepoya (Deemed to be University) campus. The formal procession began for the BDS batch of 2019 and MDS batch of 2021. A total of 123 graduates (98 BDS and 25 MDS) participated with their families, and over 1150 attendees were present. A QR code-linked YouTube live telecast allowed virtual participation.

(Prof.) Dr. A. Kumarswamy, renowned Periodontist and Implantologist from Mumbai, was the Chief Guest, and Dr. Akhter Husain, Professor Emeritus and Former Dean, was the Guest of Honour. The event began with an invocation by Mohammed Al Ameen. Dr. Sham S. Bhat, Dean, Faculty of Dentistry, welcomed the gathering, followed by the introduction of the Chief Guest by Dr. Hasan Sarfaraz, Vice Principal.

Dr. Sanath Shetty and Dr. Joyce Sequeira presented the BDS and MDS graduates respectively. Certifi-



cate mementos were awarded by the Chief Guest in the presence of Principal Dr. Laxmikanth Chatra, Guest of Honour, and department heads. Dr. Prashanth Shenoy administered the Hippocratic Oath.

The Dr. BH Sripathi Rao Gold Medal in Oral & Maxillofacial Surgery was awarded to Dr. Lamiha Saleem (Undergraduate) and Dr. Raina K. M. (Postgraduate). The Best Outgoing Student – Gold Medal for Overall Proficiency was awarded to Dr. Sulthana Shajahan.

Graduate responses were delivered by Dr. Arunima Syam and Dr. Anfas A Hassan. Ashoka saplings were gifted to the Chief Guest and Guest of Honour as tokens of appreciation.

The Principal delivered the presidential address, followed by a vote of thanks by Dr. Mohammed Zahid. The event concluded with a group photograph, a brief cultural program, and lunch. Dr. Zahid and Dr. Jeslee Ann Jose served as Convener and Co-Convener respectively.

Photo: Staff Photographer

TWO-DAY WORKSHOP

The Department of Oral and Maxillofacial Surgery, Yenepoya Dental College, organized a two-day workshop titled 'Planning and Execution of Orthognathic Surgery 2.0'. Resource persons Dr. Sherry Peter and Dr. Latha P Rao, Craniofacial Surgeons from Aster Medcity,

Kochi, led the sessions. The event was inaugurated by Dr. Manjunath Rai, with dignitaries including Dr. Akhter Husain, Dr. Sham S Bhat, Dr. Laxmikanth Chatra and Dr. Jagadish Chandra. The inaugural ceremony featured lamp lighting, an invocation, welcome address and distribution of mementos. The workshop

covered evaluation, planning, and hands-on training in cephalometric tracing and surgical procedures on simulation models. A total of 72 postgraduate students and 10 faculty members from Yenepoya and neighboring institutions participated. Dr. Jagadish Chandra served as Organising Chairman, Dr. Joyce Sequeira as Scientific Chairperson, and Dr. Vinayakrishna as Organising Secretary.

Yenepoya Launches the Calendar

THE CALENDAR 2025 HIGHLIGHTS THE 11 CONSTITUENT INSTITUTIONS OF YENEPOYA (DEEMED TO BE UNIVERSITY).

The Launch of Calendar 2025 was held at the Yenepoya Medical College Hospital during the annual Sneha Milana 2024. The Calendar 2025 was unveiled by the Chief Guest, Mr. A.K.M Ashraf, MLA of Manjeshwar Constituency, Govt of Kerala, and Dr. M. A. Wani, Senior Consultant Yenepoya Group Hospitals was the Guest of Honor for the function.

The Chief Guest of the Event Mr. A. K. M Ashraf expressed his heartfelt appreciation towards the Management of Yenepoya Medical College Hospital for their extensive charity work and their contribution to healthcare through affordable treatments to the patients, including patients from Kerala. The Guest of Honor, Dr. M. A. Wani, emphasized on the specialty and super-specialty healthcare services with special mention to the surgery and kidney



transplant efficacy of the Yenepoya Medical College Hospital.

In the keynote address Dr. Nagaraj Shet (AMS, YMCH) emphasized the wide catchment area of the hospital and elaborated on the various recognitions and empanelment's of the hospital with the government schemes, including the Government of Kerala Schemes. 'Nearly 40% of the in-patients have received cash-

less treatments under the scheme', he said, while highlighting that 6 lakh + patients have received treatment in the hospital's OPD. Dr. Habib Rahaman A.A. Medical superintendent, YMCH, in his presidential address highlighted the affordable and comprehensive healthcare at the NABH and NABL accredited Yenepoya Medical College Hospital, and urged all to avail the benefits of quality healthcare.

Photo: Staff Photographer

SOAR-2024: PREPARING FUTURE HEALTHCARE ADMINISTRATORS



The Department of Hospital Administration, Yenepoya (Deemed to be University), successfully conducted SOAR-2024 (Student

Onboarding for Administrative Readiness). The program aimed to integrate new students into the department while fostering their professional and personal growth. The event was graced by Chief Guest Dr. Maji Jose, Dean of Student Affairs, who emphasized collaboration and leadership in healthcare. Key highlight was the

launch of a crystal anniversary logo commemorating the department's 15-year journey. The student committee was formally installed, with newly elected representatives receiving badges.

Engaging sessions were conducted by Dr. Ravi Vaswani on 'Humanity in Healthcare', Dr. Rashmi Jain on miscommunication in hospitals and Dr. Sunita Saldanha on 'Navigating the Healthcare Maze'.

SOAR-2024 concluded on an inspiring note, equipping students with insights and enthusiasm for their academic journey.

Yenepoya University Honours Graduates at 14th Convocation Ceremony

SHRI AMITHABH KANT, INDIA'S G20 SHERPA AND FORMER CEO OF NITI AAYOG MADE HIS REMARKS IN HIS CONVOCATION ADDRESS DURING THE 14TH CONVOCATION CEREMONY OF YENEPOYA (DEEMED TO BE UNIVERSITY).



Photo: Staff Photographer

Shri Amithabh Kant, India's G20 Sherpa and former CEO of NITI Aayog made his remarks in his convocation address during the 14th Convocation Ceremony of Yenepoya (Deemed to be University) at Yendurance Zone, Deralakatte-Mangaluru.

He was delivering his convocation speech and in his speech he highlighted empathy, social responsibility and ethical leadership should be the core values guiding the young graduates to bring about sustainable development in the society. He

encouraged graduates to engage with their communities, embrace lifelong learning, and harness their innovative spirit in the evolving landscape of technology and entrepreneurship. He also addressed the ambitious vision for India's economic future, urging graduates to be torchbearers in realizing a \$30 trillion economy by 2047. He emphasized the crucial role of young minds in shaping a prosperous nation through innovation and resilience. 'Your journey begins today, and it is rooted in the connections you forge and the values you carry forward,' he stated, encourag-

ing graduates to embrace change and impact the world positively.

Further he motivated graduates to shape their futures with compassion and openness. He concluded his speech with heartfelt congratulations to the graduates, urging them to be catalysts for change, leveraging their skills to tackle societal challenges.

Dr. Yenepoya Abdulla Kunhi, the Chancellor of the Yenepoya (Deemed to be University) presided over the convocation ceremony.

Shri Amithabh Kant was also conferred with Honorary Doctorate by the Chancellor of the Yenepoya



University for his outstanding contribution to public service.

During the ceremony a total of 2632 candidates in Faculty of Dentistry, Faculty of Medicine, Faculty of Nursing, Faculty of Allied & Health Basic Sciences, Faculty of Commerce and Management, Faculty of Science, Faculty of Pharmacy, Faculty of Arts & Social Sciences were awarded with Ph.D, under graduate and post graduate degrees. 10 gold medals were distributed to the toppers in various UG courses.

Dr. M. Vijayakumar, Vice Chancellor of the University welcomed the gathering. Dr. Gangadhara Somayaji K. S, Registrar, Yenepoya (Deemed to be University) presented the annual report.



Empathy, social responsibility and ethical leadership to achieve sustainable development.

— SHRI AMITHABH KANT

Mr. Farhaad Yenepoya, Pro Chancellor, Yenepoya (Deemed to be University), Dr. B. H. Sripathi Rao, Pro Vice Chancellor, Yenepoya (Deemed to be University), Mr. Yenepoya Abdulla Javeed, BOM Member, Dr. Akhter Husain, Secretary of IAE, Dr. Vedprakash Mishra-EC member and Dr. P. Mohamed Ali, Trustee of IAE were present on the dais. Dr. B.T. Nandish, Controller of Examina-

tions, Yenepoya (Deemed to be University) administered the oath to the graduates. He also proposed the vote of thanks.

Other Statutory Officers, Deans, Centre Heads and faculty from the constituent units along with members of Academic Council and Board of Management were present on the event. Dr. Mallika Shetty and Dr. Rochelle Tellis compered the programme.

ACTS-YEN

SIMULATION CENTER ACCREDITED BY ASPiH

This milestone marks Acts Yen as the first simulation center in the country to receive this prestigious accreditation which is valid for 3 years.





Yenepoya (Deemed to be University), ACTS Yen (Advanced Comprehensive Clinical Training & Simulation Center) has achieved accreditation from ASPIH (Association for Simulated Practice in Healthcare) a renowned professional simulation accreditation body in the UK. This milestone marks Acts Yen as the first simulation center in the country to receive this prestigious accreditation which is valid for 3 years. Accreditation from ASPIH signifies that the organization meets specific quality criteria and best practices in the design, delivery and evaluation of simulation based training ensuring excellence in healthcare education. Acts Yen accredited by ASPIH demonstrate a commitment to maintaining high standards of patient safety, learner engagement and teaching efficacy.

The accreditation process involved review of the organization's simulation practices, including faculty expertise, resources, learner feedback mechanisms and alignment of training programs with educational goals & healthcare needs. ASPIH offers several benefits for individual & organizations involved in simulation based education and practices. The process of obtaining organizational accreditation involves several key steps such as preparation, application submission, assessment, decision & post accreditation.

Advanced Comprehensive Clinical Training & Simulation Centre (ACTS YEN) is a unique Centre and the largest state of the art simulation facility in the country with the latest version simulators. Yenepoya (Deemed to be University) Simulation Centre was conceptualised in

2016. ACTS- YEN is a major step towards Yenepoya University's vision of providing and promoting excellence in clinical care, competency based health professions education, ethical student training and paving the road towards improved patient care, safety and satisfaction. Yenepoya (Deemed to be University) aims at integrating skill development and simulation training into the existing curriculum by using innovative technology. ACTS YEN

caters to all students and faculty health care professional of Yenepoya (Deemed to be University) and also aims to impart basic skills like Basic Life Support to the community at a large. The focus is on providing skills training which leads to value addition. The centre after its inception has conducted several orientation and training programs to create awareness regarding the facilities available and to train the faculty members for optimal utilisation of ACTS YEN.

Integrating simulation, in graduate and post graduate curriculum, facilitates more ethical training with least harm and discomfort to patients. Multi-disciplinary & team training for emergency situations results in better team dynamics, communication and behavioural

skills and more realistic training.

Simulation based learning helps to mitigate errors and maintain safety in medical field where there is zero tolerance for any deviation from the Standard protocols. It provides opportunity for training to be conducted for inter-professional team of health providers rather than in isolation. The simulation centre - ACTS YEN provides reproducible and on-demand access to patients.



Yenepoya (Deemed to be University), ACTS Yen (Advanced Comprehensive Clinical Training & Simulation Center) has achieved accreditation from ASPIH (Association for Simulated Practice in Healthcare) a renowned professional simulation accreditation body in the UK.



10th edition of Race For 7

THE EVENT RECEIVED AN OVERWHELMING RESPONSE, WITH OVER 400 PARTICIPANTS, INCLUDING DOCTORS, POLICE PERSONNEL, KSRP OFFICERS, MEDIA REPRESENTATIVES, MEDICAL PROFESSIONALS, STUDENTS AND FACULTY MEMBERS FROM VARIOUS INSTITUTES ACROSS THE CITY.

The Organization for Rare Diseases India (ORDI) hosted the 10th edition, Race For 7, in Mangalore for the first time, in collaboration with Yenepoya (Deemed to be University) and Arunya Foundation concluded successfully. This symbolic raised awareness about the 7,000 known rare diseases while advocating for better treatment access and policy implementation with over 200 participants.

The event was flagged off by Ms. Geetha Kulkarni, ACP CCB, Mangaluru City Police, Dr Ashwini S Shetty,

Director, Directorate of Extension and Outreach Activities, Yenepoya (Deemed to be University), Mr. Muhammed Sabith, Deputy Hospital Operations Officer, YMCH, Mr. Vijayanand Shetty, Senior Marketing Executive, YMCH and Mr. Vikram K, Managing Trustee, Arunya Foundation. Participants enthusiastically took part in the 7K run, with some opting for an extended 10K challenge. The Mangaluru City Traffic Police ensured a smooth and safe race by arranging a zero-traffic lane for the runners.

Dr. Puneeth Rajkumar Hrudaya Jyothi Yojane

A 'Tricog training and workshop for the 'Dr. Puneeth Rajkumar Hrudaya Jyothi Yojane', for consultants, medical officers, and health care workers of the Spokes Hospitals of Dakshina Kannada and Udupi Districts was organized in Yenepoya Medical College Hospital (YMCH), a recognized hub for the scheme in Dakshina Kannada and Udupi District.

'Dr. Puneeth Rajkumar Hrudaya Jyothi Yojane' is a Government of Karnataka initiative to prevent death due to heart disease and provide emergency treatment. The training program aimed to educate the medical staff for the effective implementation of the scheme. Dr. C B Patil,



Interventional Cardiologist, Shri Shankar Cancer Hospital & Research Centre, Shankarapur, Bangalore, Wing Commander Dr. S S Iyengar, Electrophysiologist, Manipal Hospital, Bangalore and Dr. Prashant R. M, Head of Cardiology Department, Yenepoya Medical College Hospital were the esteemed resource persons for the workshop.

YENERZA 2024: Annual Indoor Sports Tournament



Annual indoor sports tournament was held at Yendurance inaugurated by Mr Anand shetty, Sports promoter and entrepreneur. Mr Sujith K.V, Physical Education director, Yenepoya deemed to be University was the Guest of Honour, Dr Shivaprasad .K. Dean, YHMCH was the presiding officer of the function.

They emphasized on the importance of sports and physical activities even in the busy schedule of doctors profession.

MOU and Collaboration Activities

Dr Jamalul Azizi Bin Abdul Rahaman, Respiratory Physician & Interventional Pulmonologist at Thomson Hospital, Kota, Damansara, has been approached for joining as Adjunct faculty.

A MOU (Teaching) is under progress with Department of Pulmonary Medicine at Serdang Hospital, Kuala Lumpur, Malaysia.

Outreach Programs & NSS Activities

Sleep Apnea screening camp was conducted in the Department of Respiratory Medicine, Yenepoya Medical College Hospital, Deralakatte.



Talk at the International Symposium

Dr. Rajesh V (Professor & AMP; HOD) delivering a talk titled 'Liquid biopsy- A short in the arm for clinicians' at the international symposium on 'Recent advancements in non-invasive imaging and molecular techniques in disease diagnosis' organized by the NITTE University Center for Science Education and Research, NITTE (Deemed to be university) Mangalore.

► AWARDS & RECOGNITIONS

DR. RAJESH V

(Professor & HOD) was recognized as research supervisor for guiding the Research scholars for Ph.D program.

Dr. Rajesh V attended the 14th Annual Convocation of Yenepoya (Deemed to be University) held at Yendurance Zone, Yenepoya (Deemed to be University) campus, Deralakatte, Mangalore.

DR VYSHAK

(Associate Professor) has completed the Interventional Pulmonology Fellowship from MABIP, Malaysia.

Sneha Milana 2024: Annual Gathering of Yen Mitras and Yen Sahyog Partners

BEFORE THE FORMAL EVENT, THE 'PATIENT PARTY FRESHEN-UP AND STAY FACILITY' AT THE ZULEKHA BHAVAN WAS INAUGURATED BY THE DIGNITARIES PRESENT.



The Yen Sneha Milana 2024 was held at the Yenepoya Medical College Hospital, Deralakatte. The Sneha Milana is an Annual gathering of the Yen Mitras and Yen Sahyog Partners, the ground-level community Partners of YMCH, to honor and recognize their efforts and bring them closer as a community. The Formal event began with the lighting of the lamp by the dignitaries on the dais along with the Yen Mitra Representative.

The Sneha Milana Event was graced with the presence of Chief Guest Mr. A. K. M Ashraf, MLA of Manjeshwar Constituency, Govt of Kerala and the Guest of Honor Dr. M. A. Wani, Senior Consultant Yenepoya Group Hospitals. The Yen Mithras and the Yen Sahyog partners spread across in Mangalore, Kasaragod and the peripheral

and catchment areas attended the Sneha Milana 2023 in large numbers with great zeal and enthusiasm. Dr. Mohammed Guthigar Head of Social Works Department YMC gave the welcome address to the dignitaries on the dais, and the Yen Mithra and Yen Sahyog partners. The keynote address was delivered by, Dr. Nagaraj Shet (AMS, YMCH) wherein he presented a detailed view of the services offered by YMCH, The Update on the Yen Arogya Card, an annual



update on the hospital's accomplishments, and presented an update on the activities undertaken on the feedback received during the last annual meeting 'Sneha Milana 2024'. Presidential address was delivered by Dr. Habib Rahaman A.A. M Medical Superintendent, YMCH.

The Chief Guest of the Event Mr. A. K. M Ashraf expressed his heartfelt appreciation towards the Management of Yenepoya Medical College Hospital for their extensive charity work and their contribution to the society. Guest of Honor, Dr. M. A. Wani, appreciated the scale at which the Sneha Milana event has grown. He reinstated the importance of this event and wished it continues to grow in the coming year.

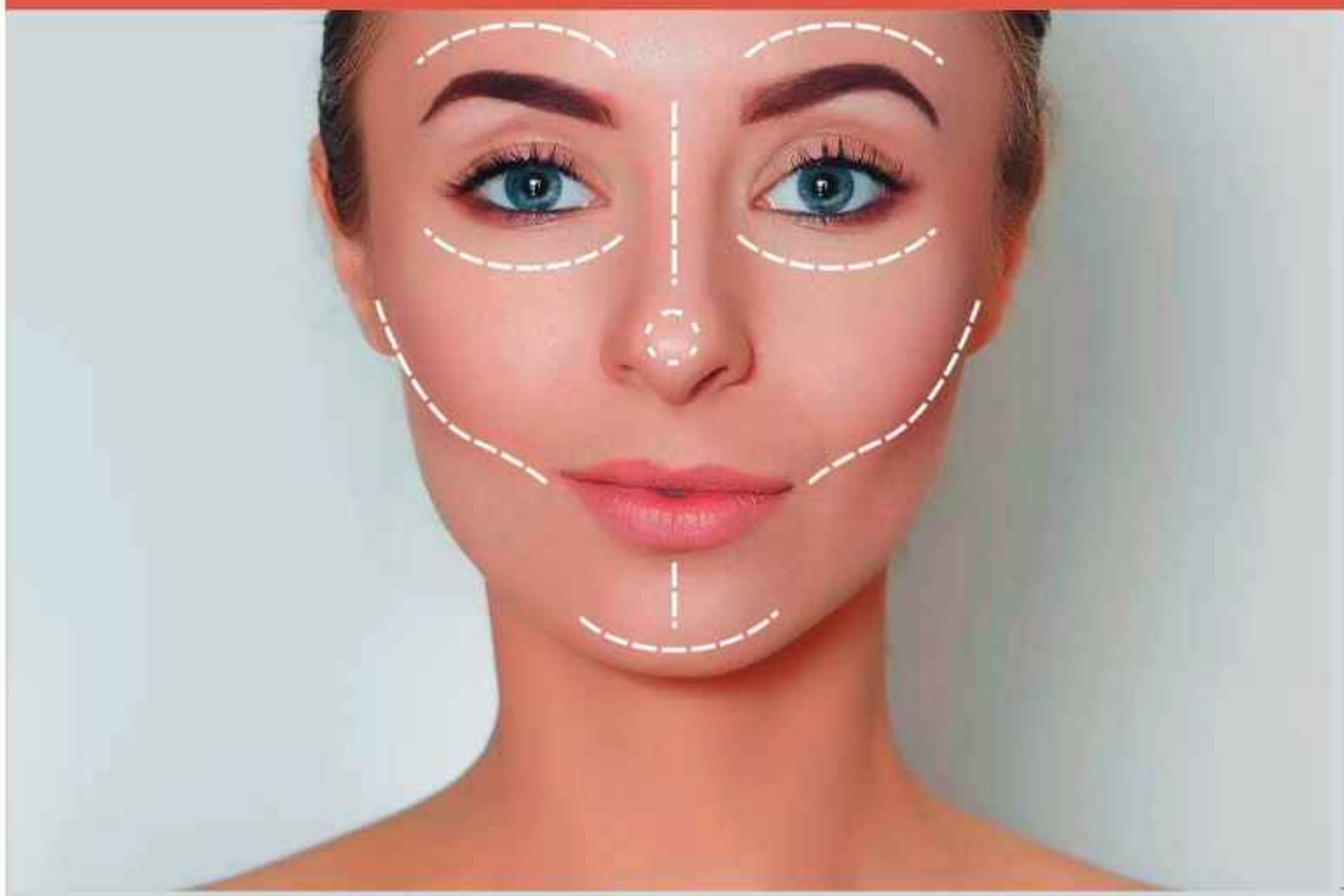
The Chief Guest was honoured with a memento of the event and the token of appreciation was presented to the Guest of honour. YMCH along with the words of appreciation, The senior Officials of YMCH presented the Yen Mitras and Yen Sahyog partners with a symbol of gratitude and remembrance. The formal event commenced with a Vote of Thanks by Mr. Vijayananda Shetty, Senior Marketing Executive, YMCH.

The suggestions made during this open discussion were noted down. The updates of the actions taken during the year will be submitted as a report on the next Annual Sneha Milana.

► COVER STORY

THE HUMAN FACE

NATURE'S
MASTERPIECE



The human face is one of nature's most fascinating creations. It is the canvas of our identity—a dynamic interplay of bones, muscles, skin, and expressions. It's how the world recognizes us: our face is often the first thing people notice and remember.

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he human face is one of nature's most fascinating creations. It is the canvas of our identity—a

dynamic interplay of bones, muscles, skin, and expressions. It's how the world recognizes us: our face is often the first thing people notice and remember.

Despite being composed of just a handful of features—eyes, nose, mouth, cheeks, and chin—the face's infinite variations make each of us unique. There is enough diversity to defy replication, each one cast in a separate mould. From this diversity emerge countless expressions of beauty—benign faces, divine faces, masculine and feminine faces and everything in between.

For centuries, artists, sculptors and philosophers have pondered what makes a face beautiful. Is it symmetry? Proportion? Expression? Science now reveals that while some elements of beauty may be universal—such as symmetry and balanced proportions—cultural, social and personal factors profoundly shape our perceptions.

Orthodontics, once focused solely on teeth alignment and occlusion, has evolved into a field that embraces the broader philosophy of facial aesthetics. I don't see any other specialty in science that studies the human face in such detail. We analyse faces using hundreds of measurements—angles, proportions and the soft tissue drape that forms the face itself. As technology advances and our techniques refine, we are blurring the line between art and science. Every angle, plane, and contour is analysed to understand both function and aesthetics. We blend scientific precision with artistic sensibility, sculpting the face to enhance natural beauty while improving function.

What Makes a Face Beautiful?

Human beings have long been captivated by beauty—across cultures, eras and disciplines. From ancient artists to modern-day orthodontists, one question persists: What makes a face beautiful? While beauty is often said to be in the eye of the beholder, research and artistic traditions suggest certain fundamental principles consistently influ-

ence our perceptions. Let's explore three key factors: symmetry, proportions and facial harmony.

Symmetry

Symmetry is often considered the hallmark of beauty. It refers to the mirroring of features on both sides of the face. Our brains are hardwired to seek balance and symmetrical faces are typically perceived as healthier, more attractive and even more trustworthy. Even a slight tilt of the nose or unevenness in the eyes can draw attention away from an otherwise pleasing face.

In Orthodontics, assessing and improving facial symmetry is a critical part of treatment planning. While perfect symmetry is rare, achieving relative symmetry—where the face appears balanced and harmonious—is key to creating an attractive face and a confident smile.

Proportions: The Golden Ratio and Facial Thirds

For centuries, artists and scientists have sought to decode the mathematical patterns behind

beauty. One famous concept is the Golden Ratio (approximately 1.618), a proportion that recurs throughout nature, art and architecture—and even in the human face.

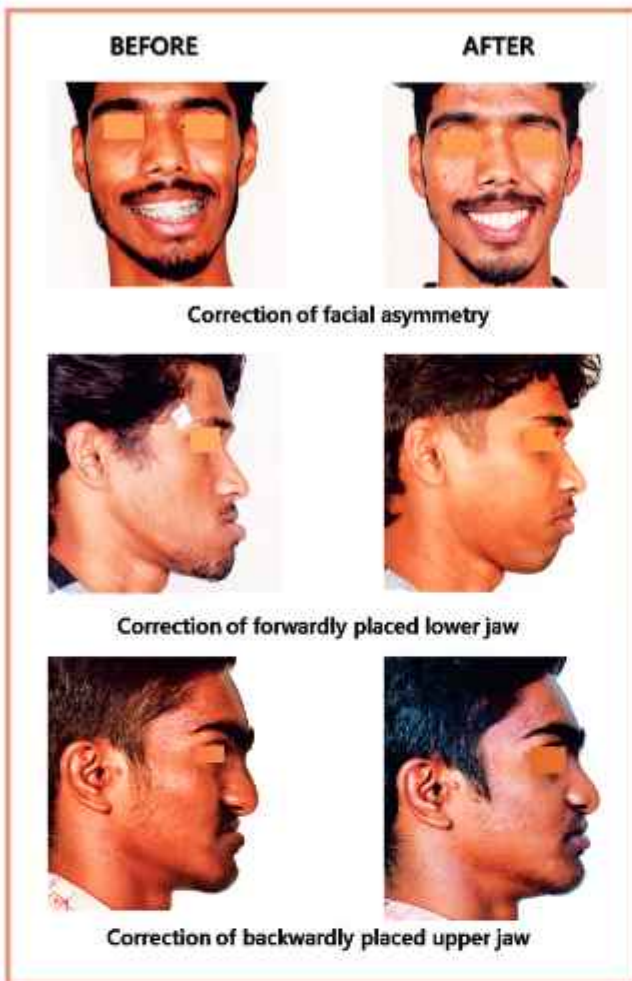
Orthodontists and maxillofacial surgeons pay particular attention to facial proportions, such as the ratio between the length and width of the face or the distances between key features. For example, the balance between upper and lower facial heights is especially important. Typically, the maxillary height—from the base of the nose to the occlusal plane—accounts for about 45% of the lower facial height, while the mandibular height—from the occlusal plane to the bottom of the chin—accounts for 55%. Deviations from this balance can signal growth discrepancies or disharmonies that may require intervention.

We also use facial thirds to analyse and plan treatments:

1. **Upper third:** hairline to brow
2. **Middle third:** brow to the base of the nose
3. **Lower third:** base of the nose to the chin

A balanced distribution of these thirds contributes to facial harmony. Disproportion can signal





Recent technological advancements have revolutionized both orthodontics and maxillofacial surgery. The advent of 3D imaging and printing has enabled us to create detailed models of a patient's anatomy, allowing for far more precise preoperative planning.

underlying growth issues or malocclusions that orthodontists can address to enhance both function and appearance.

Harmony

While symmetry and proportion are important, beauty ultimately depends on how all the features fit together—what we call facial harmony. Even individually attractive features can look unbalanced if they don't blend seamlessly.

For example, a prominent chin can balance strong cheekbones, while full lips may harmonize with large eyes. Conversely, a recessed jaw or protruding teeth can disrupt the overall balance. Orthodontics focuses on creating this harmony by aligning the teeth and guiding jaw growth. Collaborating with maxillofacial surgeons and plastic surgeons allows us to achieve a natural, balanced face that radiates both health and confidence.

The Power of Interdisciplinary Science

Recent technological advancements have revolutionized both orthodontics and maxillofacial surgery. The advent of 3D imaging and printing has enabled us to create detailed models of a patient's anatomy, allowing for far more precise preoperative planning. Surgeons can now simulate procedures virtually, refining their technique before ever making an incision. Robotic-assisted surgeries are also showing tremendous promise, offering enhanced precision and control in delicate procedures.

Regenerative medicine is opening new frontiers in healing. Stem cell therapy and tissue engineering hold exciting potential for regenerating lost or damaged bone and soft tissue, especially in patients with congenital deformities or trauma-related injuries. Artificial intelligence (AI) is poised to revolutionize diagnostics, treatment planning and even robotic surgery—improving both accuracy and efficiency in the operating room. By blending technology, science and artistry, we have the power to transform lives.

But amidst these technological marvels, we must balance innovation with compassion. Our patients are not just cases; they are individuals with hopes, fears, and lives that can be profoundly transformed by our interventions. Surgery is not just about technical skill—it is about the human connection.

CITATION MANAGER TRAINING



Department of Radiation Oncology organized 'Citation Manager' training at the Department, Yenepoya Medical College Hospital, Mangalore. Dr. J. Venkatesan, a resource person conducted the session and trained Staffs and PG Students. Organizing Chairperson, Dr. K. Jayapalan, Senior Medical Physicist and RSO delivered the vote of thanks.

Anti-Microbial Stewardship in Oncology

MANAGEMENT OF MULTI DRUG RESISTANT INFECTION AND FUNGAL INFECTION WAS THE HIGHLIGHT OF THE MEETING.

Zulekha Yenepoya Institute of Oncology, Yenepoya (Deemed to be University), Mangalore, in association with Department of Microbiology, Yenepoya Medical College hosting the 'Antimicrobial Stewardship in Oncology' "Educate, Advocate, Act Now" under guidance of Dr M Vijayakumar (Vice chancellor, Yenepoya (Deemed to be) University). It was

organized by Dr Rajesh Krishna (Organising Chairperson), Dr Rouchelle Tellis (Organising Secretary), Dr. V. K Vineeth (Organising Co secretary) guided by Dr. Rajalakshmi & Dr. Nandini Sethuraman who was the central observer.

The faculty including Dr. Rajalakshmi, Dr. Nandini Sethuraman, Dr. Rajesh Krishna, Dr. Kavitha Dinesh, Dr. Suchithra Shenoy, Dr.

V.K Vineetha delivered lectures. CME attended by around 187 delegates including consultants and post graduate students. was well appreciated by all the attendees. There was a lot of discussion on infection management, investigation and prevention. Management of multi drug resistant infection and fungal infection was the highlight of the meeting.





FOURTH AGRS ASSEND TWO-DAY WET LAB ROBOTIC TRAINING

THE GROWING INTEREST IN ROBOTIC TRAINING PROGRAMS IS A TESTAMENT TO THE SUCCESS OF THESE INITIATIVES.

The Fourth GRS ASSEND two-day Wet Lab Robotic Training Program at ASSEND, Yenepoya University Campus, Mangalore, was completed successfully. Dr Mariam Anjum, Gynecological Oncologist, ZYIO was the course coordinator and internal faculty and Dr. Rohan Shetty, surgical oncologist, ZYIO also participated in the workshop as internal faculty. Seven surgeons participated in this workshop, including four gynecologists from Hyderabad, one from Calcutta, one from Bombay, and a gynecological oncologist from Bangalore. The program was conducted over two days, with three

candidates training on Day 1 and four on Day 2. The sessions covered an overview of the robotic system, dry and simulation exercises and hands-on wet lab training. The Head of Surgical Oncology at Zulekha Yenepoya Institute of Oncology and Medical Superintendent of Yenepoya Medical College & Hospital, graciously obliged to distribute the certificates. Dr. Rooma Sinha, President of AGRS, conducted an interactive online session with one-on-one engagement for the participants. Pre- and post-training assessments were conducted to evaluate the learning of the trainees and the feedback was overwhelmingly positive.

ROBOTIC HANDS ON TRAINING PROGRAM

In the Third AGRS ASSEND one-day Wet Lab Robotic training program at ASSEND, Yenepoya University campus, Mangalore. Four surgeons had attended the workshop - Senior Gynecologist from Mangalore, Overseas Laparoscopic Gynecological Surgeon, Laparoscopic Gynecological Surgeon from MS Ramaiah, Bangalore and one Gynecological Oncologist from RCC, Trivandrum. The event overview of the robotic system, dry and simulation exercises, followed by hands-on wet lab sessions. Certificates were distributed by Dr. Moosabha MS, Principal, Yenepoya University who kindly obliged.

Dr. Rooma Sinha, President, AGRS, conducted an online session with the participants with one on one interaction. Pre and post-tests were administered to assess the trainee's knowledge. Feedback was excellent, and there is a growing interest in future events.

We extend our gratitude to the University administrators, management, Vice Chancellor, Registrar, Principal, MS, Intuitive, Mr. Anand Sharma and all the faculty of ZYIO and ASSEND for their support in making this workshop a success. We look forward to their continued support in future academic events.

LIVE LAPAROSCOPIC SURGERY WORKSHOP

THE EVENT RECEIVED EXCELLENT FEEDBACK FROM ATTENDEES, WHO APPRECIATED THE LEARNING EXPERIENCE AND EXPERT GUIDANCE FROM LEADING SURGEONS.



The Live Laparoscopic Surgery workshop was attended by 80 delegates, comprising gynecologists and postgraduate students eager to enhance their surgical skills. Dr. Mariam Anjum Ifthikar, Gynecological Oncologist, ZYIO was the organising chair and Dr. Rashmi Nayak, Division of Reproductive Medicine, Dept of OBG, YMCH was the organising secretary. Renowned laparoscopic surgeon, Dr. Vidya Bhat from Bangalore performed two live laparoscopic gynecological surgeries, along with four hysteroscopy procedures, offering valuable insights into

advanced minimally invasive surgical techniques. Dr. Rajesh Bhakta, a distinguished consultant from Udupi, also contributed by demonstrating hysteroscopy. The event was graced by Dr. M. Vijayakumar, Vice Chancellor of Yenepoya (Deemed to be University) and Head of Zulekha Yenepoya Institute of Oncology, as the Guest of Honour.

This Workshop was also a part of FOGSI-EAGLE IAGE Project - Every Aspiring Gynecologist Learns Endoscopy - which is national level project to encourage young Gynecological surgeons into Minimal Invasive Surgery which is assigned

from FOGSI (Federation of Obstetric & Gynaecological societies of India) to the local OBG society wherein Dr. Mariam Anjum Ifthikar is the secretary of the MOGS (Mangalore Obstetric & Gynaecological society).

The event received excellent feedback from attendees, who appreciated the learning experience and expert guidance from leading surgeons. The workshop reaffirmed Yenepoya University commitment to advancing surgical education and training in minimal invasive techniques to the younger surgeons aspiring to excel their Minimal Invasive Surgery skills.

► AWARDS & RECOGNITIONS

DR. ROHAN THOMAS MATHEW secured the 2nd place in the PRIZE PAPER DELIGATE/PG Category at the 48th Annual Conference of Association of Oral & Maxillofacial Surgeons of India-2024 held at Biswa Bangla Convention Center, Kolkata, India.

DR. NEHA KAMATH has participated in the Oral Poster Presentation

Competition and secured Second prize at the 31st Annual Conference of The Association of Gynecologic Oncologists of India (AGOI) conducted at Crowne Plaza, Kochi, Kerala.

DR. BILITA PAHRI KUMARI has been awarded with Second Prize in the Poster Presentation at the 44th

Annual Conference of the Association of Radiation Oncologist of India-AROICON 2024 held at TMA Pai International Convention Centre, Mangalore.

DR. M VIJAYAKUMAR felicitated by 37th National Annual Conference -NACTON at Bangalore.

THORACIC-MINIMAL INVASIVE SURGERY PROGRAM

SURGICAL ONCOLOGISTS FROM SURGICAL ONCOLOGY DEPARTMENT, ZULEKHA YENEPLOYA INSTITUTE OF ONCOLOGY, ATTENDED THE WORKSHOP

The Department of Surgical Oncology organized a workshop on Cadaver Program for "Thoracic- Minimal Invasive Surgery Program". The Workshop was organised by Dr. M Vijayakumar, and Dr. Jalaluddin Akbar. K C, Department of Surgical Oncology at ASSEND, Yenepoya Medical College.

The resource person for the program was Dr. Saravanan Rajamanickam, M.Ch, Senior Consultant Surgical Oncologist, Thangam Cancer Centre,



Namekal. All surgical oncologist from Surgical Oncology Department, Zulekha Yenepoya Institute of Oncology, attended the workshop. Successfully benefited the consultant to do advance Thoracoscopic procedure.

Oncology Team Visited Chinmayi Hospital

Yenepoya Hospital Oncology Team visited Chinmayi Hospital. Further to the discussion with Oncology team, the duty roster was done for Chinmayi Hospital. Oncology OPD is done once in a week and chemotherapy and minor surgeries is to be done in Yenepoya hospital. For radiation, patients are referred to Yenepoya Oncology Centre.



PEDIATRIC CANCER AWARENESS PROGRAM

Zulekha Yenepoya Institute of Oncology organized a Pediatric Cancer Awareness program to spread awareness about pediatric cancer and recent advancements in its treatment. The event commenced with a keynote address by Dr. Vijayakumar M, the esteemed Vice Chancellor of Yenepoya (Deemed to be University), who emphasized the importance of early detection and treatment in improving outcomes for children with cancer.

Mrs. Noor Zahara Khanam, a prominent figure in cancer care, addressed the gathering, sharing insights into the latest advancements in cancer treatment and

the importance of a holistic approach to patient care. Dr. Rajesh Krishna extended a warm welcome to all the children, their parents and the faculty, setting a positive tone for the day's events.

Dr. Anusha, a leading oncologist conducted an informative session on pediatric cancer awareness, focusing on prevention, symptoms and the critical role of timely intervention. Her session was well- received and offered valuable guidance for both parents and faculty members. To add a joyful touch, the program concluded with a magic show, delighting the young audience and creating a memorable experience for all in attendance.

WORLD CANCER DAY

90 BENEFICIARIES INCLUDING FEW STAFF OF YENEPLOYA AND THE GENERAL PUBLIC ATTENDED THE CAMP.

A health screening camp was conducted with the objective of promoting early detection of health conditions, particularly in oncology and general health. The camp provided comprehensive screening and consultation services to the beneficiaries. 90 beneficiaries including few staff of Yenepoya and the general public attended the camp. Screening and diagnostic tests like Pap Smear for early detection of cervical abnormalities, Mammography to assess breast health, USG examinations for detailed assessment.



was successfully conducted, providing valuable diagnostic and consultation services to the beneficiaries.

General Health check-up to assess overall health status and Specialized cancer consultations were provided to individuals requiring further assessment. The health screening camp

INTERNATIONAL DAY OF MEDICAL PHYSICS

RADIATION ONCOLOGISTS, MEDICAL PHYSICISTS, MD RADIOTHERAPY STUDENTS, MSC MEDICAL PHYSICS INTERNS, RADIOTHERAPY TECHNOLOGISTS, BSC RADIOTHERAPY TECHNOLOGIST STUDENTS ACTIVELY PARTICIPATED IN THE DISCUSSION.

Department of Radiation Oncology hosted and organized the International Day of Medical Physics (IDMP) 2024 at Dept of Radiation Oncology, Yenepoya Medical College Hospital, Mangalore. The Chief Guest Prof. Dr. M. Dinesh, Head of the Department, Dept of Radiation Oncology, YMCH, inaugurated and Prof Dr. Suryanarayana K praised the event. This program was graced by Assistant Professor Dr. Achuth S Nayak and Senior Resident Dr. Nishma. The chief guest delivered a talk on the given theme 'Inspiring the next generation of Medical Physicists'.

Radiation Oncologists, Medical physicists, MD Radiotherapy students, MSc Medical Physics interns, Radiotherapy technologists, BSc Radiotherapy technologist students actively participated in the discussion. The event ended with a valedictory function. Memento was presented to all the guests and delegates. Organizing Chair Person Dr. K. Jayapalan, Senior Medical Physicist & RSO delivered the vote of thanks All the attendees were asked to share their feedback. This event is to raise awareness of the role of physics in patient care and to honor important medical physicists.

Guest Lecture



Two adjunct faculties were invited to deliver lecture on Radiation Physics and Radiation Protection to MD Radiotherapy students and UG students. The classes were conducted at the Department of Radiation Oncology. Dr. T. Ganesh, Dr. P. P. Haridasan adjunct faculties delivered lecture on Radiation Physics and Radiation Protection respectively. The sessions were moderated by Dr. K. Jayapalan, Senior Medical Physicist and RSO.

Awards and Recognitions



Department of Forensic Medicine and Toxicology got award in Excelling in Academics in the year 2024 on the occasion of Teacher's day. The Department of Forensic Medicine and Toxicology also awarded 2nd Best Department Award during National Science Day.

MOU and Collaboration Activities

The third module of the Disaster Victim Identification (DVI) of Postgraduate Diploma in Forensic Anthropology and Forensic Odontology (PGDFAO) for the 2024. The Resource person for the module was Dr. Luis Fondebrider, Forensic Anthropologist, Founder EAAF, Argentina, Former Head ICRC Forensic Unit. Participants from Forensic Medicine, Forensic Dentistry and Forensic Sciences belongs to various states attended and learned skills of DVI. Internal resource persons for the module were Dr. Vina Vaswani, and Dr. Muhammed Nasir Ahmad, PGDFAO Course Co-ordinator.

► GUEST LECTURES

DR. VINA VASWANI

- Participated as a speaker at the 12th Asia Pacific Medico-Legal Agencies Network Annual General Meeting and Workshop 'Bridging Forensic, Humanitarian and Technological Progress' at the Royal Thai Navy Convention Hall on Chao Phraya River Bank in Bangkok
- Contributed as a resource person in the pre-conference workshop during the 4th National conference MiCON 2025 of Divergence and Surveillance of microorganisms organized by the Dept. of Microbiology and Biotechnology, Yenepoya Research Centre, in collaboration with Centre for Ethics and Yenepoya Ethics Committee.
- Delivered a talk on the topic, 'Anthropology : Forensic Perspective' in AUDIT OSSA - Let's listen to bones, at Yenepoya Medical College organized by Department of Anatomy in collaboration with Forensic Anthropology Unit, Department of Forensic Medicine.



DR. MUHAMMAD NASIR AHMAD

Associate Professor

As a resource person delivered a talk on the topic of "Ten key questions in Forensic Anthropology and organising secretary for National Symposium and hands on workshop in Anthropology 'AUDIT OSSA'- Let's listen to bones at Yenepoya Medical College organized by Department of Anatomy in collaboration with Forensic Anthropology Unit, Department of Forensic Medicine.



DR. LEENA PRAMOD

Associate Professor

Resource person for Rapid Update Workshop: RU 15 Functioning of Ethics Committees and SOP's Training (FEAST workshop).



National Workshop Supported by American Academy of Forensic Sciences

The Forensic Anthropology Unit, Department of Forensic Medicine and Centre for Ethics conducted the 'Third National workshop on 'Capacity building for Humanitarian Ethics in Forensic (Investigation, reporting, and research publication) dealing with cadavers in the Indian Context', at YMC.

This National Workshop was supported by the American Academy of Forensic Sciences (AAFS) Humanitarian and Human Rights Resource Center (HHRRC) USA, grant 2020-2023

Workshops, Seminars and Guest Lecturers

Department of Anatomy in collaboration with Forensic Anthropology Unit, Department of Forensic Medicine, Yenepoya Medical College organized the National Symposium and hands on workshop on Anthropology 'Audit Ossa' - Let's Listen to the bones.

The Department of Forensic Medicine organized a guest lecture on the topic of 'Forensic Pathology' by Dr. Thushara K. Assistant Professor, Department of Pathology AI Institute of Medical Science, Mangalore.

Yenepoya Research Centre (YRC) National Service Scheme Unit of YRC and Centre for Environmental Studies in association with Department of Forensic Medicine and Toxicology, Yenepoya (Deemed to be University) organised an awareness session on 'The Snake Feeders: Ecology, Conservation and Snake Bite Solutions'.

Life Time Achievement Award

Dr. Kishor Kumar was awarded the certificate of Life time achievement on the 46th Annual conference of the Indian Academy of Forensic Medicine (IAFM) FORENSIC MEDICON 2025 held at ESIC Medical College and Hospital K.K. Nagar Chennai.



Appreciation Award



As a part of Silver Jubilee celebration of Yenepoya Medical College Dr Vina Vaswani was felicitated for 10+ years of experience as an HOD and 20+ years of experience as a faculty in Yenepoya Medical College. Apart from this Dr. Vina Vaswani also received the Appreciation Award on National Science Day.

Museum Visit for School Students

Museum visit was arranged for school students as a part of 'Museum as fountain of learning' initiative by Dept. of Forensic Medicine & Toxicology. Students from TISK English Medium School, Kannur, Kerala were accompanied by their teachers were welcomed and escorted to Forensic Museum by Dr. Venkatkrishna Shenoy.

WORLD HEART DAY

NURSING STUDENTS PROVIDED HEALTH EDUCATION THROUGH VARIOUS HEALTH EDUCATION MATERIALS, DANCE & SKIT.

On the occasion of World Heart Day, health awareness program was organized by the Department of Nursing Foundation, Yenepoya Nursing College at Deralakatte bus stand.

On this occasion Mr. Muhammed Iqbal, Member of Belma Grama Panchayath & Prof. Shashikumar Jawadagi, HOD, Department of Nursing



Foundation along with faculty inaugurated the program by releasing of balloons. Nursing students provided health education through various health education materials, dance & skit. Around 150 people gathered and were benefited from the program. Pamphlets with health awareness information pertaining healthy heart were distributed among participants.

Awareness Talk on the Occasion of “World AIDS Day 2024”

YENEPOYA NURSING COLLEGE IN COLLABORATION WITH DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY NURSING AND GENDER SENSITIZATION CELL ORGANIZED AWARENESS TALK.

On the occasion of “World AIDS Day 2024” Red Ribbon club, Yenepoya Nursing College in collaboration with Department of Obstetrics and Gynaecology Nursing and Gender Sensitization Cell organized Awareness Talk for ASHA workers at Kotekar PHC on ‘Prevention of Sexually Transmitted Infections’.

- Placard competition on World AIDS Day was held in YNC, Kinya, Manjanady.

- Poster competition on “Take the right path: My health, my Right” was held at the Community Lab, YNC,



Kinya, Manjanady.

- The Red Ribbon Club, Yenepoya Nursing College in collaboration with Department of Obstetrics and

Gynaecological Nursing, and Gender Sensitization Cell distributed health kits to the HIV patients at Spandana.

Anti-ragging Awareness Program

THE SESSION PROVIDING STUDENTS WITH VALUABLE KNOWLEDGE ABOUT ANTI-RAGGING LAWS, THEIR RIGHTS, AND THE IMPORTANCE OF MAINTAINING A RAGGING-FREE CAMPUS.



The Anti-Ragging Cell of Yenepoya Pharmacy College and Research Centre, Yenepoya (Deemed to be University), Naringana, Mangalore, organized an Anti-Ragging Awareness Program for first-year B. Pharm, D. Pharm, and Pharm.D students, as well as 2nd Pharm.D students.

The event led by the Anti-Ragging Cell Committee and attended by key institutional members, including Dr. Mohammed Gulzar Ahmed (Principal and Chairperson), Rokeya Sultana (Vice Principal), and Abdul Rahamanulla (Convener of the Anti-Ragging Cell, YPCRC), along with other committee members. The chief guest and resource person, Ms. Dhanya N Nayak, ACP, South Sub Division, Mangalore provided a detailed explanation of ragging, its legal framework, and the severe consequences for those involved. She also

highlighted various laws and regulations in place to prevent ragging and stressed the importance of fostering a safe and respectful academic environment. The Guest of Honour, Mrs. Swetha Mohan, Advocate at Mangalore District Court, further elaborated on the legal repercussions of ragging. She discussed punishments under the Indian Penal Code (IPC) and the UGC Anti-Ragging Regulations, 2009, emphasizing that ragging is a criminal offense with serious consequences, including suspension, fines, legal action, and imprisonment. The session provided students with valuable knowledge about anti-ragging laws, their rights, and the importance of maintaining a ragging-free campus. It deepened participants' understanding of the issue while reaffirming the institution's commitment to creating a safe and supportive learning environment.

Vigilance Awareness Week

Vigilance Awareness Week is observed annually to foster integrity in public life and promote a corruption-free society. This year, our organization marked the occasion on October 29, 2024, under the theme "Culture of Integrity for Nation's Prosperity". The event began at Mudungar Katte Balepuni Higher Primary School.

The welcome address was delivered by Mr. Abdul Rahamanulla, Chairperson of NSS Unit-II, YPCRC, followed by an address from Mrs. Puttamma, the Headmistress of the school. To engage the audience, students from YPCRC presented a skit, poster exhibition, and pledge-taking ceremony for the school students and parents. The skit and poster presentations served as creative expressions of vigilance awareness, emphasizing the significance of integrity and alertness in preventing corruption and misconduct. The skit, carefully planned and rehearsed, depicted scenarios showcasing the importance of vigilance in society. Through various characters and narratives, it illustrated how proactive vigilance can prevent corruption, safeguard public funds, ensure transparency, uphold accountability, and strengthen good governance and administration. The event effectively conveyed the importance of fostering a culture of integrity, inspiring students and parents to remain vigilant and contribute to an ethical and transparent society.

One-day Workshop on Fundamentals of Assessment Methods

WORKSHOP WAS A ONE-DAY EVENT INAUGURATED BY DR. GANGADHARA SOMAYAJI, REGISTRAR OF YENEPLOYA UNIVERSITY.



The Fundamentals of Assessment Methods workshop was a one-day event inaugurated by Dr. Gangadhara Somayaji K S, Registrar of Yeneploya University. In his opening address, Dr. Somayaji highlighted the crucial role of effective assessment methods in enhancing educational quality and supporting student success. He also praised the Staff Welfare Committee for organizing this highly relevant session.

Dr. Meera Jacob conducted an insightful session on the importance of blueprinting in assessments. She explained how blueprinting ensures alignment with learning objectives while covering all necessary content areas. Her session provided a comprehensive recap of its fundamental aspects, emphasizing its role in designing balanced and fair assessments. Dr. Imran Pasha's session explored key assessment principles, including reliability, validity, fairness,

and practicality. He introduced various assessment techniques and tools, demonstrating their effective application in different educational contexts.

Dr. Shahein B Shaik delved into advanced blueprinting strategies aimed at enhancing assessment quality and question paper design. Through practical examples and case studies, he demonstrated how educators can develop high-quality assessments that accurately measure student learning outcomes. His session also covered best practices for question paper design, ensuring clarity and alignment with learning objectives.

Dr. Shuhaib summarized the key takeaways from each session. Certificates were awarded to all participants in recognition of their commitment to professional development. Attendees shared highly positive feedback, appreciating the speakers' expertise and the practical insights gained throughout the workshop.

Oral Health Awareness Program

Dr. Apoorva focused on promoting better oral hygiene practices and raising awareness about common oral health issues. Participants are educated on the importance of daily routines, such as brushing and flossing, to prevent tooth decay, gum disease, and other problems. Dr. Apoorva also emphasized the significance of regular dental check-ups for early detection of issues and professional cleanings. Additionally, the connection between oral health and overall health is highlighted, particularly in relation to

diseases like diabetes and cardiovascular conditions. Healthy eating habits are encouraged, with special attention to limiting sugary and acidic foods that can damage teeth. Dr. Apoorva raised awareness about the detrimental effects of tobacco use, including its role in increasing the risk of oral cancer. The talk aims to provide participants with information on affordable dental care options and emphasizes the importance of early intervention in addressing oral health issues to prevent more serious conditions later.

Skill Enhancement Program

5-DAYS SKILL ENHANCEMENT PROGRAM ON PHARMACOVIGILANCE CASE PROCESSING



Photo: Staff Photographer

The event began with an inaugural ceremony hosted by Mrs. Fathima. Dr. Treesa P. Varghese, Head of the Department of Pharmacy Practice, delivered the welcome speech, followed by an inaugural address by Dr. B.H. Sripathi Rao, Hon. Pro Vice-Chancellor of Yenepoya (Deemed to be University).

In his presidential address, Dr. Mohammed Gulzar Ahmed, Principal & Dean of Yenepoya Pharmacy College, emphasized the importance of skill development and how the program aligns with national initiatives like PMKVY 4.0. The ceremony concluded with a vote of thanks by

Dr. Fathimath Mashithow, Assistant Professor in the Department of Pharmacy Practice. The technical sessions were conducted by Dr. Darshan J.C., an Assistant Professor with in-depth expertise in skill training and pharmacovigilance.

On Day 1, the participants underwent a pre-assessment to evaluate their initial understanding of pharmacovigilance. All 23 attendees scored above 90% on a 15-question test, making them eligible for further training. The sessions started with an introduction to pharmacovigilance and an overview of AI applications in drug safety, emphasizing their role in detecting adverse events. The second

day covered adverse event identification, classification, and reporting. Participants engaged in case study discussions to enhance their theoretical knowledge and practical application.

On the third day, the focus shifted to AI-driven tools such as predictive analytics and natural language processing (NLP) in pharmacovigilance. The sessions also introduced signal detection methodologies, followed by hands-on training on Vigiflow, conducted by Dr. Sanatku-mar Bharamu Nyamagoud, Assistant Professor and HOD of the Department of Pharmacy Practice at KLE College of Pharmacy.

Two Days National Level Workshop on Research Methodology

DR. BHARATHI C. MAGAZINE, DEPUTY DIRECTOR AND DIRECTOR OF RESEARCH AT MAHE, DELIVERED AN INSIGHTFUL SPEECH.



The inauguration ceremony began with a prayer seeking divine blessings, followed by a warm welcome address from Dr. Muhammed Gulzar Ahmed, Principal of YPCRC. The chief guest, Dr. Bharathi C. Magazine, Deputy Director and Director

of Research at MAHE, then delivered an insightful speech emphasizing the significance of research integrity.

The Guest of Honour, Dr. Rekha P. D., discussed the pivotal role of information technology in research, stressing the need to integrate modern technology into research meth-

odologies while upholding ethical standards. She also addressed the limitations of machine learning tools in research applications.

Dr. Muhammed Gulzar Ahmed was honored with a prestigious research award in recognition of his remarkable contributions to the field, presented by the Vice-Chancellor. Delivering the presidential address, Dr. M. Vijay Kumar, Vice-Chancellor of Yenepoya University, underscored the importance of incorporating research into the curriculum and staying updated with academic advancements. He also reaffirmed the university's commitment to supporting ongoing research initiatives financially. The ceremony concluded with a vote of thanks by Dr. Rokeya Sultana, Vice Principal of YPCRC.

Outreach & Awareness Program

'THE JUNK FOOD TRAP – UNWRAPPING THE HIDDEN DANGERS'.

The program took place at Vidhyarathna English Medium High School, Deralakatte, and was designed to be interactive and engaging for students from 6th to 9th standard. The event followed a structured schedule of activities: The event commenced with a formal inauguration, where Mrs. Suma, the Science Club In charge at Vidhyarathna English Medium High School, extended a warm welcome to the attendees. She then introduced the guest speaker, Dr. Sindhu Priya E S, from the Department of Pharmacology at Yenepoya Pharmacy College & Research Centre. Dr. Sindhu Priya E S, Associate

Professor and Head of the Department of Pharmacology, delivered a comprehensive presentation covering:

Definition of Junk Food: Explaining what constitutes junk food and how it differs from nutritious alternatives. **Harmful Ingredients:** Discussing the dangers of hidden sugars, trans fats, high salt content, and artificial additives found in processed foods. **Health Risks:** Highlighting both immediate and long-term consequences, including obesity, diabetes, cardiovascular diseases, and cognitive impairments. **Food Label Awareness:** Educating students on how to read food labels to identify unhealthy ingredients.

Poshan Maah



The event at Mudungar Katte Balepuni Higher Primary School began with a welcome address by Mr. Abdul Rahamanulla and a speech by Headmistress Mrs. Puttamma. Students from YPCRC & YHMCH presented an awareness skit and posters to educate school students on the importance of a balanced diet. The skit creatively illustrated the effects of nutritious and unhealthy foods on the body, emphasizing the benefits of healthy eating and the dangers of junk food. The performance aimed to encourage young students to make informed food choices and adopt healthier eating habits.

National Ayurveda Day

On the National Ayurveda Day, Yenepoya Ayurveda Medical College & Hospital, in collaboration with Yenepoya Pharmacy College & Research Centre, organized an awareness talk titled 'Role of Ayurveda in Human Health Protection and Well-Being' for the staff. The event aimed to educate participants on Ayurveda's holistic approach to health, emphasizing its benefits in disease prevention, well-being and overall health protection. The session sought to promote Ayurveda as a system of medicine that is preventive, curative and rejuvenating.

Dr. Anjana, Assistant Professor in the Department of Kaumarabhritya, led the talk, providing a historical background on Ayurveda and explaining its core principles, origins and significance in modern healthcare. Key topics included Ayurveda's preventive strategies, such as dietary guidelines, lifestyle modifications and seasonal routines for maintaining good health. Dr. Anjana also introduced simple herbal remedies and natural practices for managing common ailments like stress, digestive disorders and immune system support.

National Youth Day-2025

On National Youth Day 2025, the NSS Unit II & III of Yenepoya Pharmacy College & Research Centre organized a tree planting and cleanup drive at Dakshina Kannada Zilla Panchayat Higher Primary School, Balepuni. The event began with a plantation ceremony led by dignitaries, including school principals and NSS program officers. Students from 3rd D. Pharm and M. Pharm participated actively, planting medicinal plants around the school and conducting a street cleanup. The activities concluded at receiving positive feedback for their impact on environmental sustainability and community service.

One-day Educational Lab Visit

The Department of Pharmaceutical Chemistry at YPCRC arranged a one-day educational lab visit to Mangalore University's advanced research facilities for faculty members and students. A total of 16 M. Pharm, 51 B. Pharm students and six faculty members participated in the visit. The visit aimed to expand participant's knowledge of modern analytical techniques and inspire them to explore careers in scientific research. During the session, an overview of Nuclear Magnetic Resonance (NMR) was provided, explaining its working principle, sample injection process and applications. The software used for NMR analysis included Delta Software and MNOVA. Furthermore, the participants were introduced to advanced instruments such as GC-MS, LC-MS, and the inverted microscope. The efforts of the principal, coordinators and support staff in making this educational visit a success was commendable.

Investors Awareness Programme

THE PROGRAM SUCCESSFULLY CONCLUDED LEAVING ATTENDEES WITH VALUABLE FINANCIAL INSIGHTS AND INSPIRATION FOR FUTURE INVESTMENTS.

The National Level Investors Awareness Programme, organized by the Student Council of YPCRC, began with an introduction by the emcee, Ms. Zahida, followed by an invocation speech from Dr. Syed Suhaib Ahmed and a warm welcome address by Mrs. Tahreen Taj. The chief guest, Mr. Cassin Rodrigues, delivered an insightful speech highlighting the importance of financial literacy and its role in enabling individuals to make informed investment choices. Dr. Mohammed Gulzar Ahmed, Principal of YPCRC, and Dr. Rokeya Sultana, Vice-Principal, provided a brief overview of the program. The



first session featured Mr. Naveen Juliah Rego, a Certified Financial Planner and SEBI-registered Investment Advisor, who shared valuable insights. Mr. Leo Amal A, Senior Branch Manager at Franklin Temple-

ton, delivered an engaging talk on mutual funds, equity, and the stock market. The event concluded with a felicitation ceremony to honour the esteemed speakers and organizers for their contributions.

Awareness Talk on Breast Cancer

THIS INITIATIVE REFLECTS YENEPLOYA UNIVERSITY'S COMMITMENT TO PUBLIC HEALTH EDUCATION, PARTICULARLY IN SPREADING AWARENESS ABOUT CRITICAL HEALTH ISSUES LIKE BREAST CANCER.

In recognition of Breast Cancer Awareness Month, the National Service Scheme (NSS) of Yenepoya Pharmacy, Nursing & Physiotherapy College organized an informative session titled "Breast Cancer Awareness Talk." The event was held in the Seminar Hall of Yenepoya Pharmacy College on the Kinya campus, with around 50 female non-teaching staff members from various constituent colleges of Yenepoya (Deemed to be University) in attendance.

The session was led by Dr. Malavika Sachith, Assistant Professor in the Department of Community Medicine at Yenepoya Medical College & Hospital. Dr. Sachith also debunked common misconceptions about the disease and shared updates on recent advancements in breast cancer therapy.

Through this initiative, the NSS aimed to encourage proactive health practices and raise awareness about preventive measures in the fight against breast cancer. In the welcome address Ms. Navya, NSS Programme Officer at Yenepoya Nursing College, who stressed the importance of awareness and education in tackling breast cancer. Vote of thanks by Ms. Shifali, NSS Programme Officer at the Physiotherapy College. In appreciation of Dr. Sachith's valuable contribution, Mrs. Alima Misiriya, Assistant Professor and NSS member, presented her with a token of gratitude. The event was successfully coordinated by Mr. Mohammed Asif, NSS Programme Officer and Head of the Department of Pharmaceutical Chemistry at Yenepoya Pharmacy College, with the support of faculty members.

GRADUATION DAY

THE 3RD GRADUATION DAY & ALUMNI MEET OF YENEPLOYA PHARMACY COLLEGE & RESEARCH CENTRE WAS HELD ON A GRAND SCALE.

The 3rd Graduation Day & alumni meet of Yeneploya Pharmacy College & Research Centre was held on a grand scale, beginning with an inaugural procession and invocation. Dr. Mohammed Gulzar Ahmed, Principal & Dean, officially declared the session open, followed by a welcome address by Dr. Rokeya Sultana. The Chief Guest, Dr. Srinivas Mutalik, emphasized the importance of research and skill development in the pharmaceutical industry. Degrees were conferred upon B. Pharm and D. Pharm graduates, with top-performing students receiving Gold Medals and Academic Excellence Awards.

Graduates took the Pharmacist Oath, led by Dr. Ayesha Sultana. The Guest of Honor, Mr. Pramod Hegde, spoke about pharmaceutical innovations and distinguished alumni were recognized for their contributions.

The event also featured the release of the college magazine, a training & placement brochure, and a new textbook in Pharmaceutics. The ceremony concluded with a presidential address, prize distribution and a vote of thanks, followed by a photo session, National Anthem and a lunch gathering. The event was a memorable celebration of academic success and alumni achievements.

International Men's Day Celebration and YenPower Championship

THE YENPOWER CHAMPIONSHIP 2024, A POWERLIFTING COMPETITION AIMED AT PROMOTING PHYSICAL FITNESS AND GENDER EQUALITY, WAS SUCCESSFULLY ORGANIZED FOR THE FIRST TIME IN THE CAMPUS.

The YenPower Championship 2024, a powerlifting competition aimed at promoting physical fitness and gender equality, was successfully organized for the first time in the history of Yeneploya University. The event was jointly hosted by the Gender Sensitization Cell of Yeneploya Pharmacy College & Research Centre in collaboration with the Physical Education Department of Yeneploya (Deemed to be University). The inauguration of the competition was graced by esteemed guests Mr. Sathish Kudroli and Mr. A P Joshy. During the inauguration,

Ms. Nandana K. V. and Mr. Mohammed Anas were honoured for their outstanding contributions to powerlifting and sports. A total of 46 participants from various constituent colleges of Yeneploya (Deemed to be University), including Yeneploya Institution of Technology, Moodabidri, took part in the competition. The event was conducted separately for students and staff to ensure fair competition. To maintain transparency and accuracy in scoring, a panel of five nationally and internationally experienced officials from the National Association of Powerlifting was appointed as judges.

The valedictory function was held with Mr. Haridas Kuloor as the chief guest. The prize distribution ceremony recognized the winners and participants for their dedication and outstanding performances. Mr. Akshay was honoured with the title of 'Strongman of the Championship', showcasing exceptional strength and determination. The Overall Championship trophy was awarded to the Yeneploya Institution of Arts, Science, Commerce & Management (YIASCM) for their remarkable teamwork and consistency throughout the competition.

World Pharmacist Day



World Pharmacist Day 2024 at Yenepoya Pharmacy College & Research Centre began with an inaugural session featuring speeches from distinguished guests and a lecture by Dr. Vishal Shanbhag on the role of clinical pharmacists in critical care. The event included competitions such as the Pharma Blueprint Pharmacy Model Competition, Human Tableau and Videography Competitions.

National Pharmacovigilance Week

Parmacovigilance Week was a comprehensive event focused on medication safety and ADR reporting. It began with an inauguration ceremony hosted by Mrs. Fathima, followed by talks from experts, including Dr. Ashok Shenoy and Dr. Roopa P Nayak, on pharmacovigilance. The event featured a skit competition on medication safety, a community awareness program at Natekal Primary Healthcare Centre and competitions like a Drug Safety Crossword and an Infographic Challenge.

► AWARDS & RECOGNITIONS

DR. ROKEYA SULTANA

Vice-Principle & Prof. of Yenepoya Pharmacy College & Research Centre, Yenepoya (Deemed to be University) has been recognized as a reviewer in the Journal of Research Journal of Pharmacy and Technology.

MR. SOURAV MOHANTO

Senior Research fellow of Yenepoya Pharmacy College & Research Centre, Yenepoya (Deemed to be University) received "Best Researcher Award" at National Science Day, 2025.

MRS. ADRIJA BHUNIA

Assistant professor of Dept. of Pharmaceutics received "Best Researcher Award" at National Science Day, 2025 conducted at Yenepoya (Deemed to be University).

Swacchata Hi Seva Campaign

The event at Mudungar Katte Balepuni Higher Primary School began featuring a talk by Mr. Shashikant Kammar on the importance of cleanliness. Students performed a skit illustrating the consequences of poor hygiene and the benefits of maintaining cleanliness in daily life. They also designed and displayed colourful posters promoting the 'Swachhata Hi Seva' campaign, emphasizing waste management and pollution control. The program successfully raised awareness about hygiene and nutrition, encouraging both personal responsibility and community participation in maintaining a clean and healthy environment.

Awareness Program

An awareness program on suicide prevention was held at Balepuni School to educate students on mental health and the importance of seeking help. Organized in collaboration with D. Pharm students, the event featured skits illustrating scenarios leading to suicidal thoughts, emphasizing early warning signs, peer support and professional help. The students were provided with coping strategies and mental health resources to manage stress and emotional challenges.

The program successfully promoted mental well-being and encouraged open conversations about suicide prevention.

Personal Hygiene Awareness Program

AN AWARENESS PROGRAM ON PERSONAL HYGIENE AIMED TO HIGHLIGHT THE VITAL ROLE OF PHARMACISTS IN PROMOTING HEALTH AND WELLNESS.

The program commenced with an opening session led by Dr. Darshan. J.C. setting a warm and welcoming atmosphere. This was followed by a heartfelt Invocation by Mr. Ayman Ahmed, a 2nd-year Pharm-D student, adding a spiritual dimension to the event.

Dr. Saleem Javid, Associate Professor, Department of Pharmaceutical Chemistry of Yenepoya Pharmacy College & Research Centre, delivered the Welcome Address, emphasizing the significance of Personal hygiene. A special ceremony moment was the address by the Chief Guest, Mr. Mansoor Himami, Administrator of Al-Madeena Yateem Khana School, Narigana, Manga-

luru. In his speech he highlighted the health benefits of personal hygiene. The program featured an awareness talk by Dr. Mohammed Gulzar Ahmed, Principal & Dean of Yenepoya Pharmacy College and Research Centre on oral hygiene, hand hygiene & sanitation, body hygiene topics and its importance in everyday life. The program also featured a Guest Talk by Mrs. Jayalakshmi, Principal of Al-Madeena Yateem Khana School, Narigana, Mangaluru, on 'Personal Hygiene Program'. Mrs. Jayalakshmi stressed the importance of adopting sustainable hygiene practices in everyday life. In this program, Mrs. Fathima Begum shared with the students both boys and girls the practical tips and best

practices of hygiene. The students performed skits. Finally, a Personal Hygiene Kit was distributed by Dr. Mohammed Gulzar Ahmed, Mr. Mansoor Himami, and Dr. Rokeya Sultana to 100 students at school.

The event concluded with a Vote of Thanks delivered by Mrs. Adrija Bhunia, who expressed gratitude to all the dignitaries, guests and participants for making the program a grand success. The 'Personal Hygienic Program' organized for Al Madeena School students led to a noticeable improvement in students hygiene practices. The program also fostered a sense of responsibility among students, encouraging them to continue practicing good hygiene both at school and at home.

Awareness Session for Staff

YENEPOYA PHARMACY COLLEGE & RESEARCH CENTRE ORGANIZED AN AWARENESS SESSION FOR ITS STAFF ON 'SEXUAL HARASSMENT OF WOMEN AT WORKPLACE: PREVENTION, PROHIBITION & REDRESSAL'.

To promote awareness and understanding of the critical issue of sexual harassment at the workplace, Yenepoya Pharmacy College & Research Centre organized an awareness session for its staff on 'Sexual Harassment of Women at Workplace: Prevention, Prohibition & Redressal'. The session was led by Dr. Asha Nayak, a distinguished expert in the field, who provided valuable insights into the legal framework and practical measures to create a safe and respectful work environment. The program began with an opening session by Mrs. Prajitha Biju, who set the tone for the event and emphasized the importance of discussing workplace

harassment openly and constructively. This was followed by a warm welcome address by the Principal, who highlighted the institution's commitment to ensuring a harassment-free workplace and the need for such awareness initiatives.

Dr. Asha Nayak's session covered key aspects of the Prevention, Prohibition, and Redressal Act, 2013, including the legal definition of sexual harassment, the roles and responsibilities of employers, and the process for addressing complaints. She also discussed practical strategies for creating a gender-sensitive workplace culture. The session was interactive, with participants actively engaging through questions and discussions.

National Nutrition Month

NATIONAL NUTRITION MONTH IS AN ANNUAL CAMPAIGN THAT CELEBRATED IN SEPTEMBER TO PROMOTE HEALTHY EATING AND PHYSICAL ACTIVITY.

Department of Nutrition and Dietetics of Yenepoya Naturopathy and Yogic Science College and Hospital celebrated National Nutrition Month with the theme 'Beyond the Table', which encouraged people to consider how good nutrition can help the environment and their health.

Dr. S N Raghavendra, St. Aloysius (Deemed to be University), Mangaluru was the Chief Guest for the program. He spoke about the awareness about nutrition and how to educate people on the benefits of a balanced diet and the risks of poor nutritional choices. The first and inaugural



edition of Poushitakam -nutritional magazine's cover page was launched during the programme. Dr. Puneeth Raghavendra Principal, YNYSCH, Chief Guest, Dr. S N Raghavendra

were present. Dr. Puneeth Raghavendra, Principal, YNYSCH presided over the program. Dr. Sunitha welcomed everyone and Mr. Ajith proposed the vote of thanks.

E-workshop Vimarsha - Literature Review

SCIENTIFIC REVIEW BOARD OF YENEPLOYA NATUROPATHY AND YOGIC SCIENCE COLLEGE AND HOSPITAL ORGANIZED VIMARSHA, E- WORKSHOP ON LITERATURE REVIEW - FROM QUESTIONS TO PUBLICATIONS.

The workshop conducted with the purpose to understand the literature review and strategies that need to evaluate large amounts of scholarly material, preparing manuscripts with citation Management and publishing the works done. Dr. Yashodar Bhandary Deputy Director, YRC, YDU was the chief guest for the program. Dr. Puneeth Raghavendra, Principal, YNYSCH delivered the presidential address. The workshop had three different sessions. First session on Basics and types of Literature review by Dr. Apar Saoji Principal, S-VYASA School of Yoga and Naturopathic Medicine, Bengaluru. Second session on Manuscript Preparation and Citation Management by Dr. B Raghavendra Samy Assistant Medical Officer, GH Udumalpet. The final session was by Dr. Pradeep M K Nair, CMO &



Head, Mirakle Integrated Health Centre, on the topic of publishing your Research. Workshop helped the students, Health Professionals to critically analyze the existing research, identify gaps in knowledge, and effectively synthesize information for their own research projects/fields.

CME on Prakruthi Shakthi- Concept of Vitality



Naturopathy is a holistic and natural approach to health and wellness that emphasizes the body's ability to heal itself. On this approach CME on Prakruthi Shakthi- Concept of Vitality was organized by Department of Naturopathy. The program was inaugurated by Chief Guest, Dr Neha Haswani, Associate Professor, Department of Microbiology, YMC in presence of Guest of Honor Dr. Shivaprasad Dean, Yenepoya Homeopathy Medical College & Hospital and Dr. Puneeth Raghavendra, I/c Principal Yenepoya Naturopathy and Yogic Science College and Hospital. There were 4 sessions in the CME and total 265 delegates attended the program.

World Stroke Day



On the National Ayurveda Day, Yenepoya Ayurveda Medical College & Hospital, in collaboration with Yenepoya Pharmacy College & Research Centre, organized an awareness talk titled 'Role of Ayurveda in Human Health Protection and Well-Being' for the staff. The event aimed to educate participants on Ayurveda's holistic approach to health, emphasizing its benefits in disease prevention, well-being and overall health protection. The session sought to promote Ayurveda as a system of medicine that is preventive, curative and rejuvenating.

Dr. Anjana, Assistant Professor in the Department of Kaumarabhritya, led the talk, providing a historical background on Ayurveda and explaining its core principles, origins and significance in modern healthcare. Key topics included Ayurveda's preventive strategies, such as dietary guidelines, lifestyle modifications and seasonal routines for maintaining good health. Dr. Anjana also introduced simple herbal remedies and natural practices for managing common ailments like stress, digestive disorders and immune system support.

World Meditation Day

On occasion of World Meditation Day, the Dept. of Yoga organized a webinar focused on the philosophy and practice of meditation. Dr. Puneeth Raghavendra, Principal of YNYSCH, served as the



resource person for the session. The webinar also covered different meditation techniques, including mindfulness, transcendental meditation and guided visualization, emphasizing their practical applications in daily life. Co-ordinated by Dr. Arpith Kumar and Dr. Prateeksha and around 90 participants benefited.

Naturopathy Day Celebration

THE 7TH NATUROPATHY DAY WAS CELEBRATED AT YENEPOYA NATUROPATHY AND YOGIC SCIENCE COLLEGE AND HOSPITAL.

The 7th Naturopathy Day was celebrated at Yenepoya Naturopathy and Yogic Science College and Hospital. Dr. Pradeep Damodaran, Principal I/c Markaz Naturopathy and Yoga Medical College, Kozhikode, Kerala was the Chief Guest for the program. He stressed on the importance of Naturopathy in this era and he also focussed on carrier opportunities for the naturopathy graduates in future day. Dr. Padmashree emphasized the importance of Naturopathy Day and following natural healthy life style. Dr. Abhijna, program coordinator, then presented a comprehensive report on the activities conducted on account of 7th Naturopathy Day which included Naturopathy Health Awareness camps in and around Mangalore and exciting competitions such as reel making competition, innovative herbal medicine competition, debate competition, mime and skit competitions.



National Level Workshop on Madhumeha Upacharah

NATIONAL LEVEL WORKSHOP ON MADHUMEHA UPACHARAH- AN INTEGRATIVE APPROACH ON DIABETES MANAGEMENT

Diabetes Mellitus is an increasingly common condition worldwide, more in India. The prevalence has risen sharply in adults over recent decades, and most people are diagnosed primarily due to lifestyle changes and unhealthy dietary habits. On this concept Department of Naturopathy and Yoga organized two days of National Level Workshop on Madhumeha Upacharah- an Integrative Approach on Diabetes Management at YNYSCH. The workshop was inaugurated by Dr. Ravi Vaswani, Professor, Department of Internal Medicine,



YMC in presence of Honorable Pro VC Dr. Sripathi Rao and Principal Dr. Puneeth Raghavendra, Dr. Ravi Vaswani addressed the gathering stressing the importance of alternative medicine in Diabetes Management.

Dr. Sripathi Rao Pro VC, YDU delivered the presidential address. Dr. Puneeth Raghavendra welcomed everyone and Dr. Padmashree, Associate Professor, YNYSCH proposed the vote of thanks. The workshop had eight different sessions on the clinical approach of integrated disciplines for the management of diabetes mellitus.

National Youth Day



On the occasion of National Youth Day 2025, the Yenepoya Naturopathy and Yogic Science College and Hospital, in collaboration with the National Service Scheme (NSS), Unit-1 Volunteers, organized a Swachhata Abhiyan at Vidyanagara, Narigana Gram Panchayat. The event aimed to spread awareness about the importance of cleanliness and effective waste management in local communities. The NSS Volunteers of the Bachelor of Naturopathy and Yogic Sciences (BNYS) program actively participated in the campaign, engaging with the residents to promote sustainable waste management practices and highlight the critical role of cleanliness in fostering healthy living environments.

The event witnessed the presence of esteemed dignitaries, including the Mr. Ajith K NSS Program Officer of Yenepoya Naturopathy College and Hospital, Mr. Navaz, the President of the Narigana Gram Panchayat, Ms. Deepika Panchayat Development Officer (PDO). The event concluded successfully, leaving a lasting impression on the participants and the community.

NSS Special Camp

The Department of Youth Empowerment & Sports, Government of Karnataka, in association with Yenepoya Naturopathy and Yogic Science College & Hospital and National Service Scheme (NSS) - Unit I organised special camp at Ambedkar Bhavana, Balepuni Gram Panchayat. The event



was inaugurated by Mr. Venkatesh P, who serves as the PDO of Balepuni GP and Assistant Director at Ullal Taluk Panchayat.

The camp included the various activities like health awareness campaigns that offered free health checkups and wellness education for villagers.

World Cancer Day



Yenepoya Naturopathy and Yogic Science College and Hospital marked World Cancer Day 2025 with a thought-provoking program dedicated to the theme 'The Impact of Substance Abuse on Youth'. The event aimed to shed light on the increasing prevalence of substance abuse among young individuals and its far-reaching consequences on physical and mental health, academic performance, relationships and future opportunities. The Guest Talk was delivered by Ms. Vidya Hegde, Training Coordinator, Yuva Spandana Project, Department of Epidemiology, NIMHANS, Bengaluru. With her extensive experience in youth development and mental health awareness, she provided an in-depth analysis of how substance abuse negatively affects cognitive functions, decision-making abilities, and social behavior.

Faculty Development Program

A FACULTY DEVELOPMENT PROGRAM FOCUSED ON THE BASICS OF RESEARCH PROTOCOL WRITING. THE EVENT DREW PARTICIPATION FROM 55 FACULTY MEMBERS.

Yenepoya Naturopathy and Yogic Science College and Hospital, in collaboration with the Yenepoya Center for Faculty Development, successfully organized a Faculty Development Program focused on the basics of research protocol writing. The event drew participation from 55 faculty members across various colleges affiliated with Yenepoya (Deemed to be University).

The program commenced with insightful opening remarks from Dr. Puneeth Ragavendra who emphasized the importance of robust research protocols in advancing academic excellence and contributing to the field of Naturopathy and Yogic Science. Dr. Meera Jacob, Professor was the Chief Guest for the program and engaged the session on Selecting a Research Topic, Formulating Research Questions, and Enhancing Research Objectives. Subsequently, Dr. Sandhya, conducted a session on Effective Literature Review and Citation Management, equipping attendees with essential skills for comprehensive literature analysis.

Dr. Ashwini Prabhu, Associate Professor led the session on 'Understanding Observational and Interventional Studies', clarifying key differences and methodologies that are crucial for conducting research. Dr. Ranajit Das,



Associate Professor, discussed on the Basic Data Management Systems and Dr. Navya N, Associate Professor, focused on Study Tool Validation. Dr. Uma Kulkarni, Professor, offered insights on writing with clarity and precision. Dr. K S Ali, Chief Librarian, conducted the session with a comprehensive overview of Plagiarism and Proper Citation, emphasizing the importance of academic integrity.

Deeksharambha Program

YENEPOYA NATUROPATHY AND YOGIC SCIENCE COLLEGE AND HOSPITAL ORGANIZED DEEKSHARAMBHA - INDUCTION PROGRAM FOR I BNYS STUDENTS.

Yenepoya Naturopathy and Yogic Science College and Hospital organized Deeksharambha - Induction program for I BNYS students of 2024-25 Batch. The program was inaugurated by Chief Guest Dr. Shaiju District program Officer, Government of Kerala and Dr. Ashwini Dutt, Professor and Dean of Academics, Yenepoya (Deemed to be



University). Dr. Shaiju, addressing the students and parents highlighted the importance of Naturopathy in present era and appreciated them for choosing Naturopathy and Yoga as their profession. Dr. Ashwini Dutt, President of the program spoke about the specialties of Yenepoya (Deemed to be University) and also the facilities available. Dr. Puneeth Raghavendra, Principal addressed the gathering.

ASTERICA 2024

The Annual Cultural Fest 'Asterica 2024' brought back a rich tapestry of traditions, music, dance and art. Held at Yendurance, was a week long celebration inaugurated by the great lyricist Dr. Manu Manjith. The vibrant celebrations truly was a feast to the senses with events that showcased the diversity and creativity among us.



Off-Road Training Program

DR. UMESH MOHAN C.S SERVED AS THE RESOURCE PERSON FOR THE CPR TRAINING SESSION.



The Hero Moto Corp & XTracks 2.0 Off-Road Training Program was held at the Mangalore Riders Club in Ullal. Dr. Umesh Mohan C.S served as the resource person for the CPR training session, enhancing participants knowledge in emergency response. Dr. Umesh Mohan taught critical CPR techniques, emphasizing their importance in high-adventure settings where immediate response skills can be vital.

OUTREACH PROGRAMS

General Health check-up camp conducted by the Department of Homoeopathic Materia Medica at the Montepadav Arogya Centre with the distribution of medicines.



Yenepoya Homoeopathic Medical College & Hospital, Department of Homoeopathic Materia Medica organized a Medical camp at Daigoli.

► HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL

NATIONAL WORKSHOP ON PALLIATIVE CARE - AYUSH

THE EVENT WAS ATTENDED BY 380 AND MORE PARTICIPANTS INCLUDING STUDENTS, TEACHING FACULTIES.

One day orientation cum national workshop on Palliative Care – AYUSH Integration, hosted here at the YENDURANCE Zone, Yenepoya (Deemed to be University), Mangalore in collaboration with National association of palliative care for AYUSH and integrative medicine (NAPCAIM). The event highlighted the Role of Compassion in Palliative Care, NAPCAIM and its Courses, Communication in Palliative Care, Death and Bereavement Support, Nursing Care in Rural India and Palliative Care – Integrating



Photo: Staff Photographer

with AYUSH. The event attended by 380 and more participants including students, teaching faculties of AYUSH stream, AYUSH physicians

and AYUSH practitioners. The event was a perfect amalgamation of integrative approach in delivering quality healthcare.

► AWARDS & ACCOLADES

DR MELITA ALVA, Additional Professor & H.O.D of Homoeopathic Materia Medica was a Resource person at the NAPCAIM ICON 2025, 3rd International Conference on Palliative Care Interventions in promoting Integration hosted by Belgavi city chapter in Association with KLE Academy of Higher Education and Research (KAHER) at Belgavi, Karnataka.



DR VISHNU T.M., Associate Professor, Department of Anatomy, Yenepoya Homoeopathic Medical college and Hospital received the "The Best Influencer Award" conducted by the Leaders Fitness Academy in South Zone, Kerala. On this occasion he also successfully achieved a Diploma in Personal Training Level IV making a significant milestone in his journey as a Fitness professional.



DR KURIAN P.J presented a research paper titled 'HomoeOmicsDB: A global reference platform for accelerating basic and application research in homeopathy' in 37th GIRI conference held at Ljubljana, Slovenia.



DR. RISWAN A., Associate Professor (Stage 1), was honoured with the 2nd Best Research Paper Presentation Award at The ACE 2K24 International Homeopathic Conference, organized by the Institution of Homeopaths Kerala (IHK) at the Mount Carmel Convention Centre, Trivandrum.



DR SHILPI RASTOGI, Professor and HOD of Anatomy, presented a poster at the All India PG Homoeopathic Seminar 2024 at Parul University, Vadodara, Gujarat.



Stalls for Charity



The NSS Units 6, 8 and 13 of YSAHS in collaboration with the Youth Red Cross, organized Stalls for Charity: A fundraiser while observing World AIDS Day on 11.12.2024. The event demonstrated the spirit of service to the community. The event had 11 stations put up by several Allied Health Sciences departments, offering a variety of food, games, and other options. A total of Rs. 52,000 has been raised and donated to the Snehaddeep Orphanage in Kapikad, Mangalore.

Antibiotic Awareness Week & International Pathology Day

The Department of Medical Laboratory Technology of Yenepoya School of Allied Health Sciences held a scientific session on November 23, 2024, in conjunction with the International Pathology Day and Antibiotic Awareness Week, to increase awareness of the critical role pathology plays in healthcare and the significance of antimicrobial stewardship.



Dr. B.H. Sripathi Rao, Pro Vice Chancellor of Yenepoya (Deemed to be University), presided over the session's opening ceremony. The guest of honor for the event was Dr. Sunita Saldanha, Dean of Yenepoya Allied and Healthcare Professions. The scientific session's resource persons were Dr. Shivashankara, Principal of Father Muller Allied and Healthcare College, and Dr. Ethel Suman, Associate Professor in the Department of Microbiology at KMC Mangalore.

Self Defense Training

Self defense is an important aspect of survival training, and every female should be prepared to face any adversity. On September 25, 2024, the NSS Units 3, 5, and 13 of Yenepoya School of Allied Health Sciences hosted "Swaraksha for Women - Self Defense Training" for female



First Aid & BLS Training

NSS Units 8 and 13 of Yenepoya School of Allied Health Sciences conducted First Aid and BLS training for the security and cleaning workers of Fiza by Nexus Mall in response to a request from mall's Director. Dr. Vinayak B Nayak, Department of Anaesthesia, YMCH was the BLS instructor. The training was divided into two main segments: a theoretical talk and a hands-on training session. The hands-on approach taught participants how to analyse and respond to emergencies.

students of Government First Grade College, Mudipu, as well as NSS volunteers from YSAHS. Mrs. Shobhalatha and Mr. Karthik S Kateel, mother and son, Founder, Swaraksha for Women trust conducted the two-hour workshop. The participant's feedback was overwhelmingly positive.

► SCHOOL OF ALLIED HEALTH SCIENCES

Research Methodology Workshop

The Yenepoya School of Allied Health Sciences' Scientific Review Board (SRB) held a two-day session on "Research Methodology" at YSAHS in Mudipu on January 22 and 23, 2025. The program covered a variety of topics related to literature reviews, research proposal writing, statistical methodologies, and ethical issues in research with the goal of providing postgraduate students and faculty with fundamental research skills.

Dr. Yashodhar Bhandary, Professor and Deputy Director, Yenepoya Research Centre, Dr. Naheeda Hamza, Tutor at the Centre for Ethics, and PhD Fellow at the Institute of Health and Society, University of Oslo, Norway, Dr. Mamatha Pramod, Assistant Professor and HOD, Department of Library & Information Science, Dr. Mamatha Kunder, Vice Principal and Associate Professor, YSAHS, Prof. Lourduharaj, Principal and Professor, Yenepoya Physiotherapy College, Dr. A. Manimegalai, Assistant Professor, Department of Public Health, Yenepoya, Ms. Ashwitha Monteiro, Lecturer, Department of Statistics, Yenepoya, and Dr. Sameera Begum, DST Women Scientist and Assistant Professor in Oral Pathology, Yenepoya Dental College, were resource persons for the workshop.



Eye Screening

The NSS Unit 4 of the Yenepoya School of Allied Health Sciences, in collaboration with the Unit of Optometry, hosted an eye screening camp on November 11, 2024 at DKZP Govt. Higher Primary School in Belmadota to promote eye health and early diagnosis of visual impairments. The camp provided free eye check-ups to students, teachers, and community members, offering an essential service to identify potential vision problems, such as refractive errors and cataract. The camp was conducted as part of the initiative to address eye health issues in the local community and schools.



Hands on workshop - 'SAPHENHARVEST'

Physician Associates Unit of Yenepoya School of Allied Health Sciences conducted 'SAPHENHARVEST', a two day hands on workshop on 'Saphenous Vein Harvesting & Demonstration

on Dissected Heart' at Anatomy Lab, YMCH. The inauguration was hosted by Ms. E Adeline Sara Nishama. Dr. Sripathi Rao Pro Vice Chancellor (Presiding Officer), Dr. Sunita Saldanha Dean, YAHP (Guest

of Honor), Dr. Sanjay M Cherian (Chief Guest), and Dr. Praba Adhikari (Special Guest). Demonstration on dissecting heart was conducted in six batches, each consisting of 15 students.

HEARTSCAPE '25

The Departments of Cardiovascular and Perfusion Technology of Yenepoya School of Allied Health Sciences, conducted a National-level conference, Heartscape'25 on bringing together experts, professionals and students in the field of cardiovascular and perfusion technology. More than 311 delegates participated in the conference. The conference was presided over by Dr. R.H. Sripathi Rao, Pro Vice Chancellor of Yenepoya (Deemed to be University), Guest of Honor, Dr. Suresh G. Rao, Lead Pediatric and Congenital Heart Surgeon, Kokilaben Dhirubhai Ambani Hospital & Medical Research Centre, Mumbai,



Chief Guest, Dr. Jayashankar Marla, Consultant Cardio-Thoracic Surgeon, AJ Hospital & Research Centre, Mangalore. The event was steered under the able leadership of Dr. Sunita Saldanha, Organizing Chairperson and Dean of Yenepoya Allied & Healthcare Professions. The conference featured oral and poster presentations.

MoUs and Collaborative Highlights

Department of MBA & ISDC (Nov 2024): MoU to offer global certifications, faculty exchange and an industry-aligned curriculum, enhancing employability.

Department of Chemistry & BASF India Ltd (Jan 2025): Collaboration for joint research, postgraduate training and industry exposure in advanced chemistry.

IBM ICE Day 2025 (Feb 10–11): Held in partnership with IBM ICE, featuring expert talks, hands-on training in AI & Cybersecurity and Tech competitions.

IDP Education Fair (Feb 13, 2025): 62 students explored study-abroad options in Australia and Canada through direct interaction with University representatives.

Important Day Celebrations

Yenepoya Institute of Arts, Science, Commerce, and Management (YIASCM) observed various important national and international days across departments. These celebrations aimed to foster awareness on culture, health, technology, and constitutional values. A summary of the key events is provided below:

National Nutrition Week (Sep 2–6, 2024) – Organized by the Department of Food Science & Nutrition, this week featured skits, debates, quizzes, and health check-ups to promote healthy dietary practices.

Banner Reveal for International Microorganism Day (Sep 4, 2024) – Conducted by the Department of Microbiology, a flash mob and banner launch set the stage for upcoming microbiology awareness events.

International Microorganism Day (Sep 19, 2024) – The Department of Microbiology hosted exhibitions, talks, and competitions focusing on the gut microbiome and microbial health.

Onam Celebration (Sep 28, 2024) – The Department of Hospitality organized a traditional

feast and cultural performances to celebrate Kerala's heritage.

FORMIX – Art Exhibition (Oct 28, 2024) – Hosted by the Department of Humanities & Social Sciences in celebration of International Animation Day, the event featured creative displays by over 300 students.

Karnataka Rajyotsava (Nov 8, 2024) – Celebrated by the Department of Linguistic Studies with folk music, literary activities, and poetry to promote Kannada culture.

Encrypt – Cyber Week (Nov 11–13, 2024) – Conducted by the Department of Computer Science, the week included tech competitions, cyber safety talks, and awareness challenges.

Constitution Day (Nov 26, 2024) – The Department of Humanities & Social Sciences conducted an interactive session and pledge recital focusing on constitutional values.

World AIDS Day (Dec 3, 2024) – An awareness drive by the Department of Microbiology included expert talks and poster competitions on HIV prevention.

IBM ICE Day (Dec 5, 2024) – The Department of Computer Sci-

ence conducted technical competitions and project showcases in AI and cybersecurity.

YENOMATHIX – National Mathematics Day (Dec 16–18, 2024) – A math fest by the Department of Computer Science featured coding challenges, quizzes, and guest lectures.

Bale Tulu Oduga (Jan 9, 2025) – Organized by the Department of Linguistic Studies, this event promoted Tulu literature with book releases and reviews.

► RECOGNITIONS

DR. SAKREENA NASSER served as Chairperson at the UGC National Conference on 'Gender Equity: A Must for Sustainable Development', organized by the UGC Centre for Women's Studies, Mangalore University.

DR. SAVITHA SUVARNA, Professor, was invited as the Guest of Honor and felicitated at the Alumni Meet of the 2007-09 MSW Batch at Meridian College, Mangaluru.

► LIFE ON CAMPUS

ACROSS THE CAMPUS OF YENEPOYA UNIVERSITY





Breath of the mountains
by Dr Akhter Husain



OUR CONSTITUENT UNITS

1. Yenepoya Dental College & Hospital
2. Yenepoya Medical College & Hospital
3. Yenepoya Nursing College
4. Yenepoya Physiotherapy College
5. Yenepoya Pharmacy College & Research Centre
6. Yenepoya Institute of Arts, Science, Commerce & Management
7. Yenepoya Ayurveda Medical College & Hospital

8. Yenepoya Homeopathic Medical College & Hospital
9. Yenepoya Naturopathy & Yogic Science College & Hospital
10. Yenepoya School of Allied Health Sciences
11. Yenepoya School of Engineering & Technology